



Brown Sugar Bacon Wrapped Weenies

 Gluten Free

READY IN



45 min.

SERVINGS



40

CALORIES



106 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 1 pound bacon cut in quarters crosswise
- ☐ 0.5 cup brown sugar
- ☐ 0.5 cup butter
- ☐ 16 ounce hot dogs cut in quarters crosswise

Equipment

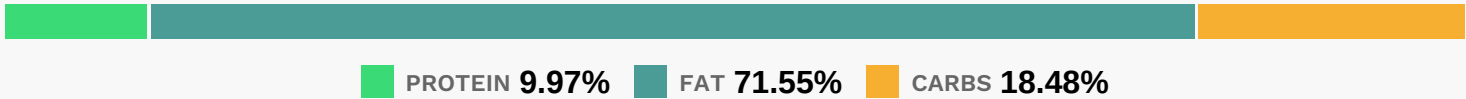
- ☐ baking sheet
- ☐ sauce pan
- ☐ oven

- ☐ toothpicks
- ☐ broiler

Directions

- ☐ Preheat the oven's broiler and set the oven rack about 6 inches from the heat source.
- ☐ Wrap hot dog pieces in bacon pieces and secure with toothpicks. Arrange on a baking sheet.
- ☐ Broil the hot dog pieces until bacon is crisp, turning once or twice, 3 to 5 minutes per side.
- ☐ Transfer to a serving platter.
- ☐ Melt butter in a saucepan and stir in brown sugar.
- ☐ Place over medium heat and bring to a boil, stirring until brown sugar has dissolved.
- ☐ Serve hot dog pieces with brown sugar sauce drizzled on top.

Nutrition Facts



Properties

Glycemic Index:1.95, Glycemic Load:0.59, Inflammation Score:-1, Nutrition Score:1.6939130325842%

Nutrients (% of daily need)

Calories: 106.09kcal (5.3%), Fat: 8.48g (13.05%), Saturated Fat: 3.56g (22.23%), Carbohydrates: 4.93g (1.64%), Net Carbohydrates: 4.93g (1.79%), Sugar: 2.67g (2.97%), Cholesterol: 18.69mg (6.23%), Sodium: 171.65mg (7.46%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 2.66g (5.32%), Selenium: 5.35µg (7.64%), Vitamin B3: 0.88mg (4.41%), Vitamin B1: 0.06mg (3.91%), Phosphorus: 28.35mg (2.83%), Vitamin B2: 0.04mg (2.46%), Zinc: 0.37mg (2.44%), Vitamin B12: 0.12µg (2.01%), Iron: 0.33mg (1.86%), Vitamin B6: 0.04mg (1.85%), Vitamin A: 75.1IU (1.5%), Folate: 5.67µg (1.42%), Vitamin B5: 0.13mg (1.29%), Potassium: 43.35mg (1.24%)