



Brown Sugar-Cider Vinaigrette



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



10 min.

SERVINGS



10

CALORIES



44 kcal

SIDE DISH

Ingredients

- ☐ 0.3 cup apple cider vinegar
- ☐ 0.7 cup canola oil
- ☐ 1 tablespoon dijon mustard
- ☐ 3 tablespoons basil fresh chopped
- ☐ 2 green onions minced
- ☐ 3 tablespoons brown sugar light
- ☐ 0.5 teaspoon pepper dried red crushed
- ☐ 0.3 teaspoon salt

Equipment

☐

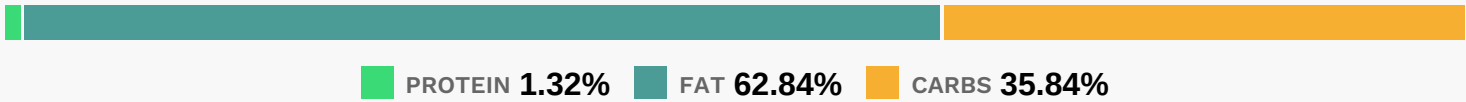
whisk

Directions

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Whisk together all ingredients until blended.

Nutrition Facts



Properties

Glycemic Index:17.4, Glycemic Load:0.08, Inflammation Score:-1, Nutrition Score:1.0769565241492%

Flavonoids

Kaempferol: 0.03mg, Kaempferol: 0.03mg, Kaempferol: 0.03mg, Kaempferol: 0.03mg Quercetin: 0.26mg, Quercetin: 0.26mg, Quercetin: 0.26mg, Quercetin: 0.26mg

Nutrients (% of daily need)

Calories: 43.86kcal (2.19%), Fat: 3.06g (4.71%), Saturated Fat: 0.23g (1.42%), Carbohydrates: 3.93g (1.31%), Net Carbohydrates: 3.76g (1.37%), Sugar: 3.61g (4.01%), Cholesterol: 0mg (0%), Sodium: 78.09mg (3.4%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.14g (0.29%), Vitamin K: 9.72µg (9.25%), Vitamin E: 0.58mg (3.89%), Manganese: 0.04mg (2.05%), Vitamin A: 86.29IU (1.73%)