

Brown Sugar Drops

READY IN

ready

90 min.

SERVINGS

servings

72

CALORIES

calories

73 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 1 teaspoon baking soda
- ☐ 2 cups brown sugar packed
- ☐ 0.5 cup buttermilk
- ☐ 2 eggs
- ☐ 3.5 cups flour all-purpose
- ☐ 1 teaspoon salt
- ☐ 1 cup shortening

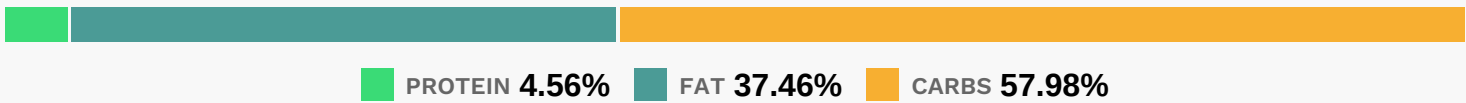
Equipment

- ☐ bowl
- ☐ baking sheet
- ☐ oven

Directions

- ☐ In a large bowl, cream together the shortening and brown sugar until smooth. Beat in the eggs one at a time then stir in the buttermilk.
- ☐ Combine the flour, baking soda and salt; stir into the buttermilk mixture until well blended. Cover dough and chill for at least one hour.
- ☐ Preheat the oven to 400 degrees F (200 degrees C). Grease cookie sheets. Drop dough by rounded teaspoonfuls 2 inches apart onto the prepared cookie sheets.
- ☐ Bake for 8 to 10 minutes in the preheated oven, until almost no imprint remains when touched with your finger.
- ☐ Remove from cookie sheets immediately to cool on wire racks.

Nutrition Facts



Properties

Glycemic Index:1.47, Glycemic Load:3.38, Inflammation Score:-1, Nutrition Score:1.2065217417219%

Nutrients (% of daily need)

Calories: 73.29kcal (3.66%), Fat: 3.08g (4.74%), Saturated Fat: 0.79g (4.94%), Carbohydrates: 10.72g (3.57%), Net Carbohydrates: 10.56g (3.84%), Sugar: 6.03g (6.7%), Cholesterol: 4.73mg (1.58%), Sodium: 52.93mg (2.3%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 0.84g (1.69%), Selenium: 2.57µg (3.67%), Vitamin B1: 0.05mg (3.3%), Folate: 11.84µg (2.96%), Manganese: 0.05mg (2.29%), Vitamin B2: 0.04mg (2.26%), Iron: 0.35mg (1.94%), Vitamin B3: 0.37mg (1.84%), Vitamin K: 1.54µg (1.47%), Vitamin E: 0.19mg (1.28%), Phosphorus: 10.64mg (1.06%)