



Brown Sugar Frosting

 Gluten Free

READY IN



45 min.

SERVINGS



6

CALORIES



258 kcal

FROSTING

ICING

Ingredients

- ☐ 0.5 cup firmly brown sugar packed
- ☐ 0.3 cup butter
- ☐ 2 tablespoons milk
- ☐ 1.5 cups powdered sugar sifted
- ☐ 0.5 teaspoon vanilla extract

Equipment

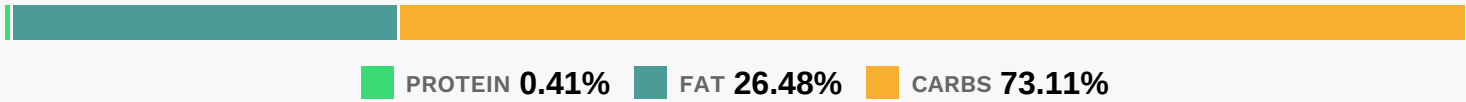
- ☐ sauce pan

Directions

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Combine all ingredients in a medium saucepan; cook over low heat, beating until sugar is dissolved and mixture is smooth.

Nutrition Facts



Properties

Glycemic Index:6.33, Glycemic Load:0.09, Inflammation Score:-2, Nutrition Score:0.88565216723668%

Nutrients (% of daily need)

Calories: 258.33kcal (12.92%), Fat: 7.77g (11.96%), Saturated Fat: 1.67g (10.45%), Carbohydrates: 48.29g (16.1%), Net Carbohydrates: 48.29g (17.56%), Sugar: 47.41g (52.67%), Cholesterol: 0.6mg (0.2%), Sodium: 96.86mg (4.21%), Alcohol: 0.11g (100%), Alcohol %: 0.23% (100%), Protein: 0.27g (0.54%), Vitamin A: 346.42IU (6.93%), Calcium: 24.54mg (2.45%), Vitamin E: 0.3mg (1.97%), Potassium: 36.95mg (1.06%)