

Brownie Cupcakes with Peanut Butter Frosting

Dairy Free

READY IN SERVIN

DESSERT

12

Ingredients

1 box brownie mix

1 serving vegetable oil for on brownie mix box

16 oz vanilla frosting

3 tablespoons peanut butter

110 min.

Equipment

bowl

frying pan

oven

	wire rack
	toothpicks
	muffin liners
Diı	rections
	Heat oven to 350°F.
	Place paper baking cup in each of 12 regular-size muffin cups. Make brownie batter as directed on box. Divide batter evenly among muffin cups.
	Bake 24 to 26 minutes or until toothpick inserted near edge comes out almost clean. Cool in pan 5 minutes.
	Remove from pan to cooling rack. Cool completely, about 1 hour.
	In small bowl, mix frosting and peanut butter until smooth and spreadable.
	Spread 1 generous tablespoon frosting onto top of each brownie cupcake. Store loosely covered at room temperature.
Nutrition Facts	
PROTEIN 3.08% FAT 34.16% CARBS 62.76%	
PROTEIN 3.00/0 FAT 34.10/0 CARDS 02.70/0	

Properties

Glycemic Index:4.75, Glycemic Load:11.13, Inflammation Score:0, Nutrition Score:1.9926086936308%

Nutrients (% of daily need)

Calories: 379.62kcal (18.98%), Fat: 14.48g (22.27%), Saturated Fat: 2.81g (17.58%), Carbohydrates: 59.84g (19.95%), Net Carbohydrates: 59.64g (21.69%), Sugar: 45.35g (50.39%), Cholesterol: Omg (0%), Sodium: 210.81mg (9.17%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 2.94g (5.88%), Iron: 1.32mg (7.36%), Vitamin B2: 0.12mg (7.16%), Vitamin E: 1.04mg (6.92%), Vitamin K: 7.07µg (6.73%), Vitamin B3: 0.62mg (3.08%), Manganese: 0.06mg (2.93%), Phosphorus: 20.36mg (2.04%), Magnesium: 7.14mg (1.78%), Folate: 6.46µg (1.62%), Potassium: 35.41mg (1.01%)