



Brownies with Chipotle-Cherry Whipped Cream

 Vegetarian  Gluten Free

READY IN



45 min.

SERVINGS



6

CALORIES



175 kcal

Ingredients

- 0.3 teaspoon chipotles in adobo canned
- 0.1 teaspoon almond extract
- 0.3 cup smucker's cherry preserves chopped
- 1 cup heavy whipping cream chilled
- 0.3 teaspoon vanilla extract

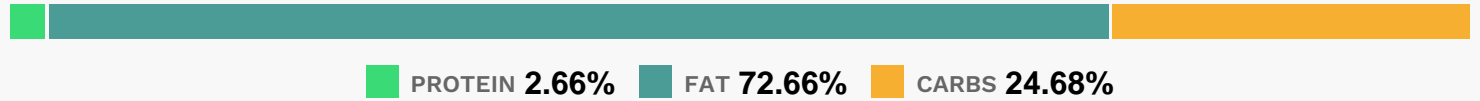
Equipment

- bowl
- whisk

Directions

- In a large bowl, whisk heavy whipping cream with chopped cherry preserves, chipotle adobo sauce, vanilla extract, and almond extract until peaks form.
- Serve with brownies.

Nutrition Facts



Properties

Glycemic Index:9.17, Glycemic Load:5.28, Inflammation Score:-3, Nutrition Score:1.9204347729683%

Nutrients (% of daily need)

Calories: 175.11kcal (8.76%), Fat: 14.33g (22.05%), Saturated Fat: 9.12g (57.03%), Carbohydrates: 10.95g (3.65%), Net Carbohydrates: 10.78g (3.92%), Sugar: 8.07g (8.97%), Cholesterol: 44.82mg (14.94%), Sodium: 15.27mg (0.66%), Alcohol: 0.09g (100%), Alcohol %: 0.2% (100%), Protein: 1.18g (2.36%), Vitamin A: 583.11IU (11.66%), Vitamin B2: 0.09mg (5.03%), Vitamin D: 0.63µg (4.23%), Calcium: 29.04mg (2.9%), Phosphorus: 25.71mg (2.57%), Vitamin E: 0.38mg (2.55%), Selenium: 1.47µg (2.1%), Vitamin C: 1.48mg (1.8%), Potassium: 48.96mg (1.4%), Vitamin K: 1.27µg (1.21%), Vitamin B12: 0.06µg (1.06%), Vitamin B5: 0.1mg (1.04%)