



Brownies with Chipotle-Cherry Whipped Cream

 Vegetarian

READY IN



45 min.

SERVINGS



6

CALORIES



307 kcal

DESSERT

Ingredients

- ☐ 0.3 teaspoon chipotles in adobo canned
- ☐ 0.1 teaspoon almond extract
- ☐ 0.3 cup smucker's cherry preserves chopped
- ☐ 1 cup heavy whipping cream chilled
- ☐ 6 servings brownie mix
- ☐ 0.3 teaspoon vanilla extract

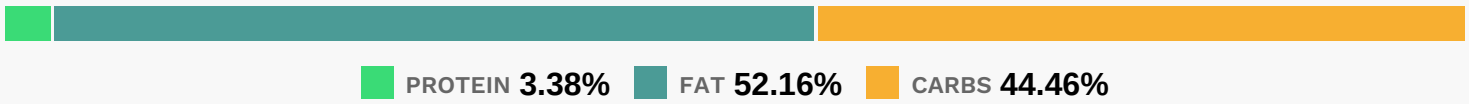
Equipment

- ☐ bowl
- ☐ whisk

Directions

- ☐ In a large bowl, whisk heavy whipping cream with chopped cherry preserves, chipotle adobo sauce, vanilla extract, and almond extract until peaks form.
- ☐ Serve with brownies.

Nutrition Facts



Properties

Glycemic Index:9.17, Glycemic Load:5.28, Inflammation Score:-3, Nutrition Score:2.1239130419234%

Nutrients (% of daily need)

Calories: 307.41kcal (15.37%), Fat: 17.96g (27.63%), Saturated Fat: 9.91g (61.92%), Carbohydrates: 34.44g (11.48%), Net Carbohydrates: 34.27g (12.46%), Sugar: 22.95g (25.51%), Cholesterol: 44.82mg (14.94%), Sodium: 102.87mg (4.47%), Alcohol: 0.09g (100%), Alcohol %: 0.13% (100%), Protein: 2.62g (5.24%), Vitamin A: 583.11IU (11.66%), Iron: 0.96mg (5.32%), Vitamin B2: 0.09mg (5.03%), Vitamin D: 0.63µg (4.23%), Calcium: 29.04mg (2.9%), Phosphorus: 25.71mg (2.57%), Vitamin E: 0.38mg (2.55%), Selenium: 1.47µg (2.1%), Vitamin C: 1.48mg (1.8%), Potassium: 48.96mg (1.4%), Vitamin K: 1.27µg (1.21%), Vitamin B12: 0.06µg (1.06%), Vitamin B5: 0.1mg (1.04%)