



Brush of the Bush



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



2880 min.

SERVINGS



1

CALORIES



1223 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 0.3 ounce agave nectar
- ☐ 12 ounces agave nectar
- ☐ 2 dashes cherries
- ☐ 1 serving ice cubes
- ☐ 1 serving cranberry-orange relish
- ☐ 1 serving sage fresh
- ☐ 0.3 cup sage
- ☐ 1.5 ounces tequila

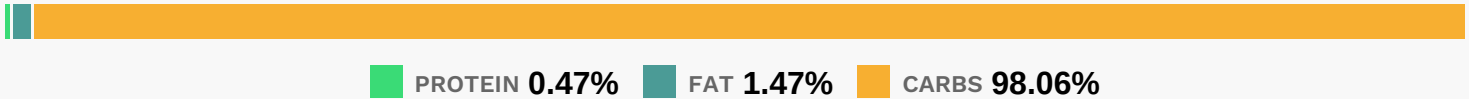
Equipment

- ☐ frying pan
- ☐ baking sheet
- ☐ oven

Directions

- ☐ Make the sage-infused agave nectar: preheat oven to 350°F.
- ☐ Place sage leaves on a baking sheet and heat in the oven for 6–8 minutes. In a nonreactive pan with a lid or glass jar, mix leaves into agave nectar. Cover and let stand 48 hours. Strain out leaves.
- ☐ Fill a mixing glass with ice.
- ☐ Add tequila, mezcal, sage-infused agave nectar, and bitters. Stir until chilled.
- ☐ Add a tall ice cube to a rocks glass (or stack two square ones to nearly reach the top of the glass). Strain cocktail into glass. Express oil from orange twist over the drink and discard.
- ☐ Garnish with sage leaf (ideally, balance it at top of ice.)

Nutrition Facts



Properties

Glycemic Index:109.5, Glycemic Load:43.35, Inflammation Score:-6, Nutrition Score:23.009565218635%

Flavonoids

Cyanidin: 0.6mg, Cyanidin: 0.6mg, Cyanidin: 0.6mg, Cyanidin: 0.6mg Pelargonidin: 0.01mg, Pelargonidin: 0.01mg, Pelargonidin: 0.01mg, Pelargonidin: 0.01mg Peonidin: 0.03mg, Peonidin: 0.03mg, Peonidin: 0.03mg, Peonidin: 0.03mg Catechin: 0.09mg, Catechin: 0.09mg, Catechin: 0.09mg, Catechin: 0.09mg Epigallocatechin: 0.01mg, Epigallocatechin: 0.01mg, Epigallocatechin: 0.01mg Epicatechin: 0.1mg, Epicatechin: 0.1mg, Epicatechin: 0.1mg Hesperetin: 24.52mg, Hesperetin: 24.52mg, Hesperetin: 24.52mg, Hesperetin: 24.52mg Naringenin: 13.79mg, Naringenin: 13.79mg, Naringenin: 13.79mg, Naringenin: 13.79mg Luteolin: 0.17mg, Luteolin: 0.17mg, Luteolin: 0.17mg, Luteolin: 0.17mg Kaempferol: 0.12mg, Kaempferol: 0.12mg, Kaempferol: 0.12mg, Kaempferol: 0.12mg Myricetin: 0.14mg, Myricetin: 0.14mg, Myricetin: 0.14mg, Myricetin: 0.14mg Quercetin: 0.45mg, Quercetin: 0.45mg, Quercetin: 0.45mg, Quercetin: 0.45mg

Nutrients (% of daily need)

Calories: 1223.14kcal (61.16%), Fat: 1.84g (2.83%), Saturated Fat: 0.11g (0.67%), Carbohydrates: 276.82g (92.27%), Net Carbohydrates: 273.69g (99.52%), Sugar: 244.82g (272.02%), Cholesterol: 0mg (0%), Sodium: 17.28mg (0.75%), Alcohol: 14.2g (100%), Alcohol %: 3.3% (100%), Protein: 1.32g (2.64%), Copper: 10.05mg (502.69%), Vitamin C: 107.06mg (129.77%), Vitamin K: 78.18µg (74.46%), Vitamin B6: 0.87mg (43.4%), Vitamin B2: 0.62mg (36.2%), Vitamin B1: 0.51mg (34.32%), Folate: 131.26µg (32.82%), Vitamin E: 3.57mg (23.78%), Manganese: 0.38mg (18.8%), Vitamin B3: 2.66mg (13.28%), Fiber: 3.13g (12.53%), Selenium: 6.35µg (9.08%), Calcium: 62.96mg (6.3%), Potassium: 196.09mg (5.6%), Magnesium: 18.84mg (4.71%), Iron: 0.79mg (4.41%), Vitamin A: 203.78IU (4.08%), Vitamin B5: 0.23mg (2.29%), Phosphorus: 19.41mg (1.94%), Zinc: 0.18mg (1.22%)