

Buffalo Style Chicken Pizza



Ingredients

2 tablespoons butter melted
2 ounce hot sauce
16 inch uncook pizza crust prepared
8 ounce salad dressing blue
8 ounce mozzarella cheese shredded
3 chicken breast halves boneless skinless cubed cooke

Equipment

bowl

Directions
Preheat oven to 425 degrees F (220 degrees C).
In a medium bowl combine the cubed chicken, melted butter and hot sauce.
Mix well.
Spread whole bottle of salad dressing over crust, then top with chicken mixture and sprinkle with shredded cheese.
Bake in preheated oven until crust is golden brown and cheese is bubbly, about 5 to 10 minutes.
Let set a few minutes before slicing, and serve.
Nutrition Facts
PROTEIN 15.59% FAT 22.83% CARBS 61.58%

Properties

oven

Glycemic Index:12.83, Glycemic Load:0.22, Inflammation Score:-1, Nutrition Score:19.033913011136%

Nutrients (% of daily need)

Calories: 1946.62kcal (97.33%), Fat: 49.07g (75.49%), Saturated Fat: 22.49g (140.57%), Carbohydrates: 297.74g (99.25%), Net Carbohydrates: 288.61g (104.95%), Sugar: 13.69g (15.22%), Cholesterol: 76.05mg (25.35%), Sodium: 4153.6mg (180.59%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 75.4g (150.8%), Iron: 16.91mg (93.96%), Calcium: 748.33mg (74.83%), Fiber: 9.13g (36.51%), Selenium: 25.31µg (36.16%), Vitamin B3: 6.01mg (30.04%), Phosphorus: 260.29mg (26.03%), Vitamin B6: 0.48mg (23.82%), Vitamin K: 22.7µg (21.62%), Vitamin B12: 0.98µg (16.38%), Vitamin B2: 0.17mg (10.17%), Zinc: 1.47mg (9.82%), Vitamin C: 7.9mg (9.57%), Vitamin B5: 0.87mg (8.74%), Vitamin A: 418.01lU (8.36%), Potassium: 284.26mg (8.12%), Vitamin E: 1.13mg (7.51%), Magnesium: 24.71mg (6.18%), Vitamin B1: 0.06mg (3.91%), Manganese: 0.04mg (1.81%), Copper: 0.03mg (1.46%), Folate: 5.61µg (1.4%), Vitamin D: 0.21µg (1.38%)