



Burnt Orange Negroni

 Vegetarian  Vegan  Gluten Free  Dairy Free  Low Fod Map

READY IN



20 min.

SERVINGS



1

CALORIES



271 kcal

BEVERAGE

DRINK

Ingredients

- 1 Dash angostura bitters
- 1.5 ounces hendrick's gin such as bombay sapphire
- 1 serving ice cubes
- 0.3 ounce juice of lemon
- 1 cranberry-orange relish
- 0.5 ounce bitter orange liqueur such as aperol
- 0.5 ounce simple syrup glaze
- 1 ounce vermouth sweet

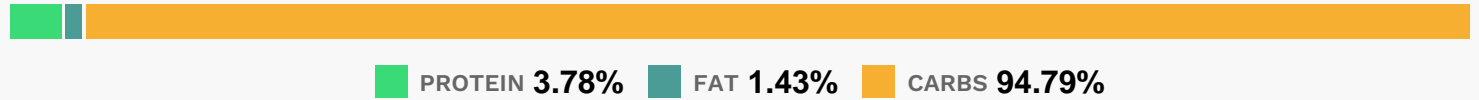
Equipment

grill

Directions

- Char a whole orange on the grill and set aside to cool down.
- Combine the gin, vermouth, liqueur, simple syrup, lemon juice and bitters in a mixing glass over ice.
- Add a slice of the charred orange and shake.
- Pour into a rocks glass and drink up!

Nutrition Facts



Properties

Glycemic Index:57.5, Glycemic Load:5.23, Inflammation Score:-7, Nutrition Score:7.4952175306237%

Flavonoids

Eriodictyol: 0.35mg, Eriodictyol: 0.35mg, Eriodictyol: 0.35mg, Eriodictyol: 0.35mg Hesperetin: 36.72mg, Hesperetin: 36.72mg, Hesperetin: 36.72mg, Hesperetin: 36.72mg Naringenin: 20.17mg, Naringenin: 20.17mg, Naringenin: 20.17mg, Naringenin: 20.17mg Luteolin: 0.25mg, Luteolin: 0.25mg, Luteolin: 0.25mg, Luteolin: 0.25mg Kaempferol: 0.17mg, Kaempferol: 0.17mg, Kaempferol: 0.17mg, Kaempferol: 0.17mg Myricetin: 0.2mg, Myricetin: 0.2mg, Myricetin: 0.2mg, Myricetin: 0.2mg Quercetin: 0.62mg, Quercetin: 0.62mg, Quercetin: 0.62mg, Quercetin: 0.62mg

Nutrients (% of daily need)

Calories: 270.59kcal (13.53%), Fat: 0.22g (0.33%), Saturated Fat: 0.04g (0.23%), Carbohydrates: 32.4g (10.8%), Net Carbohydrates: 29.23g (10.63%), Sugar: 27.5g (30.55%), Cholesterol: 0mg (0%), Sodium: 12.65mg (0.55%), Alcohol: 21.03g (100%), Alcohol %: 9.06% (100%), Caffeine: 3.69mg (1.23%), Protein: 1.29g (2.58%), Vitamin C: 72.43mg (87.8%), Fiber: 3.17g (12.66%), Folate: 40.72µg (10.18%), Vitamin B1: 0.14mg (9.15%), Potassium: 258.44mg (7.38%), Vitamin A: 295.18IU (5.9%), Calcium: 56.49mg (5.65%), Copper: 0.09mg (4.32%), Vitamin B6: 0.08mg (4.11%), Magnesium: 15.93mg (3.98%), Vitamin B2: 0.07mg (3.85%), Iron: 0.67mg (3.74%), Vitamin B5: 0.34mg (3.37%), Phosphorus: 22.59mg (2.26%), Manganese: 0.04mg (2.18%), Vitamin B3: 0.42mg (2.08%), Vitamin E: 0.25mg (1.64%), Selenium: 0.8µg (1.15%)