

# Butter Cookies I

 Vegetarian

READY IN



60 min.

SERVINGS



72

CALORIES



72 kcal

DESSERT

## Ingredients

- ☐ 1 cup butter
- ☐ 3 eggs
- ☐ 4 cups flour all-purpose
- ☐ 2 cups sugar white

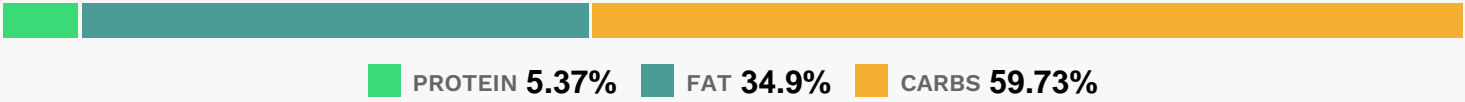
## Equipment

- ☐ baking sheet
- ☐ oven
- ☐ cookie cutter

# Directions

- ☐ Preheat oven to 350 degrees F (175 degrees C).
- ☐ Melt butter over low heat.
- ☐ Remove from heat and add 2 cups of the flour and the sugar. Beat in the eggs one at a time until well blended. Slowly mix in the remaining 2 cups of flour.
- ☐ Roll out the dough on a floured surface to a thickness of 1/4 of an inch.
- ☐ Cut cookies using cookie cutters and place 1 1/2 inches apart on cookie sheets.
- ☐ Bake in preheated oven until cookies are light brown at the edges, 12 to 15 minutes (depending on their size).

# Nutrition Facts



# Properties

Glycemic Index:2.71, Glycemic Load:7.71, Inflammation Score:-1, Nutrition Score:1.2486956741499%

# Nutrients (% of daily need)

Calories: 71.89kcal (3.59%), Fat: 2.82g (4.33%), Saturated Fat: 1.69g (10.55%), Carbohydrates: 10.85g (3.62%), Net Carbohydrates: 10.66g (3.88%), Sugar: 5.57g (6.19%), Cholesterol: 13.6mg (4.53%), Sodium: 23.07mg (1%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.98g (1.95%), Selenium: 2.98µg (4.26%), Vitamin B1: 0.06mg (3.69%), Folate: 13.66µg (3.42%), Vitamin B2: 0.04mg (2.64%), Manganese: 0.05mg (2.4%), Vitamin B3: 0.41mg (2.06%), Iron: 0.36mg (1.99%), Vitamin A: 88.69IU (1.77%), Phosphorus: 11.89mg (1.19%)