

Butterfly Cut-Up Cake

airy Free







DESSERT

Ingredients

1 box cake mix yellow your favorite (or flavor)
1 piece chocolate-covered peanuts with foil
12 oz fluffy frosting white
1 serving sprinkles
0.7 oz decorating gel
1 serving gourmet jelly beans such as jelly beans (cut in half), pastel mints, miniature jawbreakers, cherry rock candy assorted
1 serving snack peppers (any flavor)

Equipment		
	oven	
	aluminum foil	
	serrated knife	
Directions		
	Heat oven to 350°F (325°F for dark or nonstick pans). Make and cool cake as directed on box for two 8-inch or 9-inch rounds. Wrap and freeze 1 layer for other use. Refrigerate or freeze remaining layer 30 to 60 minutes or until firm for easier handling.	
	Using serrated knife, cut rounded top off cake to level surface; place cut side down.	
	Cut cake in half; cut a notch on each cut side, slightly below center, to form wings. (See link below for diagram.) To make butterfly, arrange 2 wings on foil-covered tray; use 2 of the leftover notched pieces to form the body, trimming if necessary. Attach pieces together with a small amount of frosting.	
	Spread a thin layer of frosting over top and sides to seal in crumbs. Refrigerate or freeze cake 30 to 60 minutes to set frosting. Frost entire cake.	
	Sprinkle with colored sugars. Outline wings and body with decorating gel. Decorate wings with assorted candies as desired.	
	Roll fruit snack rolls to make antennae. Store loosely covered.	
Nutrition Facts		
	PROTEIN 2.27% FAT 18.68% CARBS 79.05%	

Properties

Glycemic Index:6.25, Glycemic Load:8.28, Inflammation Score:-1, Nutrition Score:3.757391296813%

Nutrients (% of daily need)

Calories: 281.23kcal (14.06%), Fat: 5.85g (8.99%), Saturated Fat: 1.59g (9.93%), Carbohydrates: 55.68g (18.56%), Net Carbohydrates: 55.16g (20.06%), Sugar: 37.41g (41.57%), Cholesterol: Omg (0%), Sodium: 365.88mg (15.91%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 1.6g (3.2%), Phosphorus: 138.81mg (13.88%), Vitamin B2: 0.19mg (10.9%), Calcium: 91.84mg (9.18%), Folate: 31.61µg (7.9%), Vitamin B1: 0.1mg (6.83%), Vitamin E: 0.83mg (5.54%), Vitamin B3: 1.06mg (5.3%), Iron: 0.94mg (5.24%), Vitamin K: 4.94µg (4.71%), Manganese: 0.08mg (4.14%), Fiber:

0.52g (2.09%), Selenium: 1.32µg (1.89%), Vitamin B5: 0.17mg (1.73%), Vitamin B6: 0.03mg (1.67%), Copper: 0.03mg (1.57%), Magnesium: 4.64mg (1.16%)