

BREAD

Buttermilk Cornbread

18 September 2026

TOTAL TIME	SERVES	PER SERVING	CALORIES
35 min	8	\$0.30	262 kcal



Buttermilk Cornbread is a bread that serves 8. One portion of this dish contains about 7g of protein, 9g of fat, and a total of 262 calories. For 30 cents per serving, this recipe covers 8% of your daily requirements of vitamins and minerals. This recipe from My Recipes has 1 fans.

Ingredients

- ☐ 1 tablespoon baking powder
- ☐ 1 cup buttermilk
- ☐ 1¼ cups all-purpose flour
- ☐ ¼ cup sugar
- ☐ ¼ cup butter, melted
- ☐ 2 large eggs
- ☐ 1 teaspoon salt
- ☐ 1 cup plain white cornmeal

EQUIPMENT Bowl, Frying pan, Oven, Whisk

Method

- 1 Preheat oven to 40
- 2 Lightly grease an 8-inch cast-iron skillet, and heat in oven 5 minutes.
- 3 Meanwhile, whisk together first 5 ingredients in a bowl; whisk in melted butter.
- 4 Add eggs and buttermilk, whisking just until smooth.
- 5 Pour batter into hot skillet.
- 6 Bake at 400 for 30 to 33 minutes or until golden brown.

Nutrition per serving

262

KCAL

7 g

PROTEIN

9 g

FAT

38 g

CARBS

Saturated Fat

4.8 g · 30% of daily needs

Fibre

2.6 g · 10% of daily needs

Sugar

8.1 g · 9% of daily needs

Sodium

546 mg · 24% of daily needs

Cholesterol

65.1 mg · 22% of daily needs

Adapted from My Recipes. Find this recipe, ratings and more ideas at whatsheate.com/buttermilk-cornbread-143375