



Butterscotch Chewies

READY IN



45 min.

SERVINGS



48

CALORIES



109 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 0.3 teaspoon baking soda
- 1.5 cups brown sugar packed
- 0.7 cup butter softened
- 2 cups butterscotch chips
- 2 eggs
- 1.5 cups flour all-purpose
- 1 cup pecans chopped
- 1 teaspoon vanilla extract

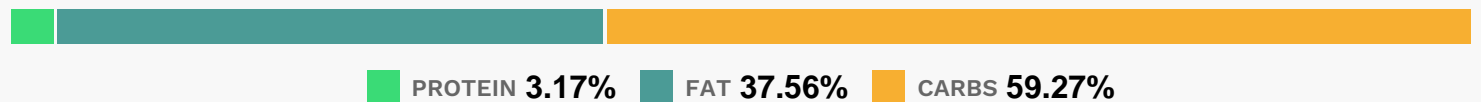
Equipment

- bowl
- baking sheet
- oven

Directions

- Preheat oven to 375 degrees F (190 degrees C).
- In large bowl, cream butter and brown sugar until fluffy.
- Add eggs and vanilla; beat until smooth.
- In medium bowl, combine flour and baking soda.
- Add dry ingredients to creamed mixture; stir until a soft dough forms. Stir in butterscotch chips and pecans.
- Drop tablespoonfuls of dough 2 inches apart onto a greased baking sheet.
- Bake 7–9 minutes or until bottoms are lightly browned.
- Transfer cookies to wire racks to cool. Store in single layers between waxed paper in an airtight container.

Nutrition Facts



Properties

Glycemic Index:2.81, Glycemic Load:2.17, Inflammation Score:-1, Nutrition Score:1.4778260853465%

Flavonoids

Cyanidin: 0.24mg, Cyanidin: 0.24mg, Cyanidin: 0.24mg, Cyanidin: 0.24mg Delphinidin: 0.17mg, Delphinidin: 0.17mg, Delphinidin: 0.17mg, Delphinidin: 0.17mg Catechin: 0.16mg, Catechin: 0.16mg, Catechin: 0.16mg, Catechin: 0.16mg Epigallocatechin: 0.13mg, Epigallocatechin: 0.13mg, Epigallocatechin: 0.13mg, Epigallocatechin: 0.13mg Epicatechin: 0.02mg, Epicatechin: 0.02mg, Epicatechin: 0.02mg, Epicatechin: 0.02mg Epigallocatechin 3–gallate: 0.05mg, Epigallocatechin 3–gallate: 0.05mg, Epigallocatechin 3–gallate: 0.05mg, Epigallocatechin 3–gallate: 0.05mg

Nutrients (% of daily need)

Calories: 109.2kcal (5.46%), Fat: 4.64g (7.14%), Saturated Fat: 1.97g (12.31%), Carbohydrates: 16.47g (5.49%), Net Carbohydrates: 16.15g (5.87%), Sugar: 12.49g (13.88%), Cholesterol: 14.24mg (4.75%), Sodium: 58.28mg (2.53%), Alcohol: 0.03g (100%), Alcohol %: 0.14% (100%), Protein: 0.88g (1.76%), Manganese: 0.13mg (6.7%), Vitamin B1: 0.05mg (3.16%), Selenium: 2.13µg (3.04%), Folate: 8.67µg (2.17%), Vitamin B2: 0.03mg (1.94%), Vitamin A: 97.04IU (1.94%), Copper: 0.04mg (1.88%), Iron: 0.32mg (1.78%), Phosphorus: 15.25mg (1.52%), Vitamin B3: 0.27mg (1.34%), Fiber: 0.32g (1.29%), Magnesium: 4.52mg (1.13%), Zinc: 0.17mg (1.1%)