



## Butterscotch Crunch

 Dairy Free

READY IN



25 min.

SERVINGS



24

CALORIES



76 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

### Ingredients

- 2 cups butterscotch chips
- 5 ounce chow mein noodles canned

### Equipment

- sauce pan

### Directions

In a saucepan, melt the butterscotch chips over low heat, stirring frequently. When they are completely melted, remove from the heat and stir in the noodles until they are evenly coated. Drop by spoonfuls onto waxed paper. Allow cookies to set up for 20 to 25 minutes, then peel them from the waxed paper and enjoy!

## Nutrition Facts

 **PROTEIN 4.45%**  **FAT 6.77%**  **CARBS 88.78%**

### Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:1, Nutrition Score:0.14347825741962%

### Nutrients (% of daily need)

Calories: 76.48kcal (3.82%), Fat: 0.57g (0.88%), Saturated Fat: 0.29g (1.82%), Carbohydrates: 16.92g (5.64%), Net Carbohydrates: 16.6g (6.04%), Sugar: 11.51g (12.79%), Cholesterol: 1.27mg (0.43%), Sodium: 92.31mg (4.01%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.85g (1.7%), Fiber: 0.32g (1.27%), Iron: 0.19mg (1.06%)