

## **Butterscotch Lace Cookies**

Vegetarian







DESSERT

## Ingredients

2.3 cups oats
1 cup butter melted
1.5 cups brown sugar packed
3 tablespoons flour all-purpose
0.5 teaspoon salt
1 tablespoon blackstrap molasses
1 teaspoon vanilla

1 eggs slightly beaten

Equipment	
	bowl
	baking sheet
	oven
Di	rections
	Place oats in large bowl. Stir together melted butter and brown sugar.
	Pour sugar mixture over oats.
	Let stand at room temperature at least 8 hours or overnight so oats absorb butter.
	Heat oven to 375°F. Generously grease cookie sheets with shortening.
	Add remaining ingredients into oats; mix well. Drop level teaspoonfuls of dough 2 inches apart onto cookie sheets, 12 per sheet.
	Bake 5 to 7 minutes or until brown around edges. Cool 2 to 3 minutes on cookie sheets or until firm; remove from cookie sheets to cooling racks.
	Nutrition Facts
	PROTEIN 3.55% FAT 46.7% CARBS 49.75%

## **Properties**

Glycemic Index: 2.9, Glycemic Load: 0.85, Inflammation Score: -1, Nutrition Score: 0.86739130059014%

## Nutrients (% of daily need)

Calories: 52.6kcal (2.63%), Fat: 2.78g (4.28%), Saturated Fat: 1.67g (10.43%), Carbohydrates: 6.67g (2.22%), Net Carbohydrates: 6.41g (2.33%), Sugar: 4.69g (5.21%), Cholesterol: 9.05mg (3.02%), Sodium: 38.84mg (1.69%), Alcohol: 0.02g (100%), Alcohol %: 0.21% (100%), Protein: 0.48g (0.95%), Manganese: 0.1mg (5.08%), Selenium: 1.16µg (1.66%), Vitamin A: 82.09IU (1.64%), Phosphorus: 12.97mg (1.3%), Magnesium: 4.79mg (1.2%), Fiber: 0.26g (1.06%)