

Butterscotch Snack Cake

READY IN



45 min.

SERVINGS



16

CALORIES



260 kcal

DESSERT

Ingredients

- 11 ounces butterscotch chips
- 3.5 ounces butterscotch pudding mix
- 2 cups milk
- 0.5 cup pecans chopped
- 1 package cake mix yellow (regular size)

Equipment

- sauce pan
- oven

- wire rack
- baking pan
- toothpicks

Directions

- In a large saucepan, combine pudding mix and milk. Bring to a boil over medium heat, stirring constantly.
- Remove from the heat; stir in dry cake mix.
- Pour into a greased 13-in. x 9-in. baking pan.
- Sprinkle with butterscotch chips and nuts.
- Bake at 350° for 35–40 minutes or until a toothpick inserted near the center comes out clean. Cool on a wire rack.

Nutrition Facts

PROTEIN 3.85% **FAT 17.1%** **CARBS 79.05%**

Properties

Glycemic Index:3, Glycemic Load:0.56, Inflammation Score:-1, Nutrition Score:4.2291304256929%

Flavonoids

Cyanidin: 0.37mg, Cyanidin: 0.37mg, Cyanidin: 0.37mg, Cyanidin: 0.37mg Delphinidin: 0.25mg, Delphinidin: 0.25mg, Delphinidin: 0.25mg, Delphinidin: 0.25mg Catechin: 0.25mg, Catechin: 0.25mg, Catechin: 0.25mg, Catechin: 0.25mg Epigallocatechin: 0.19mg, Epigallocatechin: 0.19mg, Epigallocatechin: 0.19mg, Epigallocatechin: 0.19mg Epicatechin: 0.03mg, Epicatechin: 0.03mg, Epicatechin: 0.03mg, Epicatechin: 0.03mg Epigallocatechin 3-gallate: 0.08mg, Epigallocatechin 3-gallate: 0.08mg, Epigallocatechin 3-gallate: 0.08mg, Epigallocatechin 3-gallate: 0.08mg

Nutrients (% of daily need)

Calories: 260.46kcal (13.02%), Fat: 4.99g (7.68%), Saturated Fat: 1.71g (10.68%), Carbohydrates: 51.94g (17.31%), Net Carbohydrates: 51.19g (18.62%), Sugar: 36.2g (40.22%), Cholesterol: 5.41mg (1.8%), Sodium: 362.41mg (15.76%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 2.53g (5.07%), Phosphorus: 140.73mg (14.07%), Calcium: 109.17mg (10.92%), Manganese: 0.22mg (10.85%), Vitamin B1: 0.12mg (7.77%), Vitamin B2: 0.13mg (7.36%), Folate: 22.72µg (5.68%), Iron: 0.77mg (4.25%), Vitamin B3: 0.82mg (4.1%), Copper: 0.07mg (3.3%), Vitamin B12: 0.2µg (3.28%), Fiber: 0.75g (3.01%), Magnesium: 11.01mg (2.75%), Selenium: 1.85µg (2.64%), Vitamin B5: 0.26mg (2.62%), Zinc: 0.39mg (2.57%), Vitamin B6: 0.05mg (2.53%), Vitamin E: 0.38mg (2.52%), Vitamin D: 0.34µg (2.24%),

Potassium: 76.73mg (2.19%), Vitamin A: 70.81IU (1.42%), Vitamin K: 1.21µg (1.15%)