



Cab Shop Seafoam

 **Gluten Free**  **Dairy Free**

READY IN



55 min.

SERVINGS



36

CALORIES



158 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 1 tablespoon baking soda
- 1 cup plus dark
- 24 ounce semi chocolate chips
- 1 tablespoon distilled vinegar white
- 1 cup sugar white

Equipment

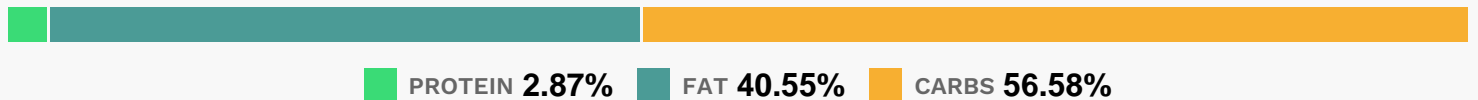
- frying pan
- sauce pan

- double boiler
- baking pan
- candy thermometer

Directions

- Grease a disposable 8x8 inch baking pan. Stir sugar, corn syrup, and vinegar together in a heavy saucepan until the sugar is just mixed in, and the mixture looks like dirty sand.
- Place pan over medium-low heat. Cook to 307 degrees F on a candy thermometer, about 15 minutes.
- Remove from heat; gently stir in baking soda.
- Pour candy into prepared pan and let cool in a draft free area.
- Break cooled candy into bite-size pieces. Melt chocolate chips in a double boiler. Dip candy pieces in chocolate to coat.
- Let chocolate harden; store candy in an airtight container.

Nutrition Facts



Properties

Glycemic Index:5.84, Glycemic Load:10.49, Inflammation Score:-1, Nutrition Score:2.9482608891052%

Nutrients (% of daily need)

Calories: 157.99kcal (7.9%), Fat: 7.26g (11.17%), Saturated Fat: 4.16g (26.02%), Carbohydrates: 22.79g (7.6%), Net Carbohydrates: 21.28g (7.74%), Sugar: 19.83g (22.04%), Cholesterol: 1.13mg (0.38%), Sodium: 107.84mg (4.69%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Caffeine: 16.25mg (5.42%), Protein: 1.16g (2.31%), Manganese: 0.26mg (13.02%), Copper: 0.24mg (12.07%), Magnesium: 34.03mg (8.51%), Iron: 1.23mg (6.85%), Fiber: 1.51g (6.05%), Phosphorus: 50.2mg (5.02%), Zinc: 0.51mg (3.37%), Potassium: 111.45mg (3.18%), Selenium: 1.9µg (2.71%), Calcium: 13.51mg (1.35%), Vitamin K: 1.36µg (1.3%)