

## Caesar Dressing

 Vegetarian  Gluten Free  Dairy Free

READY IN



5 min.

SERVINGS



4

CALORIES



393 kcal

SIDE DISH

### Ingredients

- 0.3 cup apple cider vinegar
- 1 teaspoon oil-packed garlic minced
- 1 cup mayonnaise
- 0.3 teaspoon salt

### Equipment

- blender

## Directions

Place mayonnaise, vinegar, garlic, and salt in a blender; blend until smooth.

## Nutrition Facts

**PROTEIN 0.55%** **FAT 98.98%** **CARBS 0.47%**

## Properties

Glycemic Index:22.5, Glycemic Load:0.22, Inflammation Score:-1, Nutrition Score:5.0004348754883%

## Nutrients (% of daily need)

Calories: 392.78kcal (19.64%), Fat: 42.89g (65.98%), Saturated Fat: 6.69g (41.81%), Carbohydrates: 0.46g (0.15%), Net Carbohydrates: 0.46g (0.17%), Sugar: 0.38g (0.42%), Cholesterol: 23.52mg (7.84%), Sodium: 501.71mg (21.81%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.54g (1.08%), Vitamin K: 91.88µg (87.51%), Vitamin E: 1.98mg (13.21%), Manganese: 0.04mg (2.07%), Selenium: 1.3µg (1.86%), Phosphorus: 12.95mg (1.3%), Vitamin B12: 0.07µg (1.12%)