



Cafe Dulce de Leche

 Vegetarian  Gluten Free  Low Fod Map

READY IN



10 min.

SERVINGS



8

SIDE DISH

Ingredients

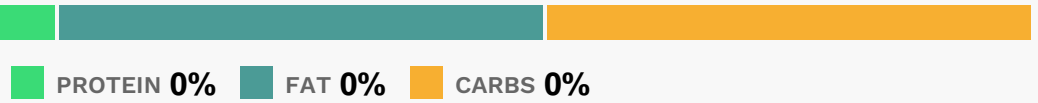
- 11.5 ounce dulce de leche
- 0.3 cup ground coffee beans
- 8 cups water

Equipment

Directions

- Place dulce de leche into the carafe of a coffee maker. Brew coffee with water and ground coffee; let coffee drip over dulce de leche. Stir until dissolved.

Nutrition Facts



Properties

Glycemic Index:5.25, Glycemic Load:0, Inflammation Score:-1, Nutrition Score:0.14565217106239%

Nutrients (% of daily need)

Calories: 0kcal (0%), Fat: 0g (0%), Saturated Fat: 0g (0%), Carbohydrates: 0g (0%), Net Carbohydrates: 0g (0%), Sugar: 0g (0%), Cholesterol: 0mg (0%), Sodium: 11.83mg (0.51%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Caffeine: 4.02mg (1.34%), Protein: 0g (0%), Copper: 0.04mg (1.89%)