



Caipirinha Cocktail

 Vegetarian  Vegan  Gluten Free  Dairy Free  Low Fod Map

READY IN



45 min.

SERVINGS



1

CALORIES



2132 kcal

BEVERAGE

DRINK

Ingredients

- 6 lime ends trimmed cut lengthwise into 8 wedges, then crosswise into ½-inch pieces
- 0.8 cup simple syrup glaze
- 2 cups cachaca chilled
- 5 cups ice cubes
- 1 cup water cold

Equipment

Directions

- Place limes and simple syrup in a large pitcher and muddle until limes begin to break down.
- Add cachaca, ice, and cold water to pitcher. Stir well and serve.

Nutrition Facts

PROTEIN 1.2% **FAT 0.77%** **CARBS 98.03%**

Properties

Glycemic Index:32, Glycemic Load:9.91, Inflammation Score:-9, Nutrition Score:17.311739242595%

Flavonoids

Hesperetin: 172.86mg, Hesperetin: 172.86mg, Hesperetin: 172.86mg, Hesperetin: 172.86mg Naringenin: 13.67mg, Naringenin: 13.67mg, Naringenin: 13.67mg, Naringenin: 13.67mg Quercetin: 1.61mg, Quercetin: 1.61mg, Quercetin: 1.61mg, Quercetin: 1.61mg

Nutrients (% of daily need)

Calories: 2132.2kcal (106.61%), Fat: 0.8g (1.24%), Saturated Fat: 0.09g (0.55%), Carbohydrates: 229.86g (76.62%), Net Carbohydrates: 218.6g (79.49%), Sugar: 194.59g (216.21%), Cholesterol: 0mg (0%), Sodium: 225.61mg (9.81%), Alcohol: 184.08g (100%), Alcohol %: 9.16% (100%), Protein: 2.81g (5.63%), Vitamin C: 116.98mg (141.8%), Iron: 11.51mg (63.95%), Fiber: 11.26g (45.02%), Vitamin B1: 0.45mg (29.94%), Copper: 0.54mg (26.95%), Calcium: 208.1mg (20.81%), Potassium: 569.27mg (16.26%), Magnesium: 63.59mg (15.9%), Vitamin B2: 0.23mg (13.65%), Phosphorus: 92.58mg (9.26%), Vitamin B5: 0.87mg (8.72%), Vitamin B6: 0.17mg (8.64%), Folate: 32.16µg (8.04%), Zinc: 1.06mg (7.1%), Vitamin E: 0.88mg (5.9%), Vitamin B3: 1.06mg (5.28%), Selenium: 3.38µg (4.82%), Vitamin A: 201IU (4.02%), Vitamin K: 2.41µg (2.3%), Manganese: 0.03mg (1.61%)