



Cake Batter Chex® Mix

 Popular

READY IN



55 min.

SERVINGS



8

CALORIES



395 kcal

DESSERT

Ingredients

- 9 cups rice chex
- 6 oz peppermint candies white
- 0.3 cup butter cut into pieces
- 1 teaspoon vanilla
- 1 cup vanilla cake donut holes
- 0.5 cup powdered sugar
- 3 tablespoons sprinkles assorted

Equipment

- bowl
- frying pan
- baking sheet
- oven
- microwave

Directions

- Heat oven to 250°F. In large bowl, place cereal; set aside.
- In small microwavable bowl, microwave white chips and butter uncovered on High 30 seconds; stir. Continue to microwave in 30-second increments until chips and butter are softened and can be stirred smooth. Stir in vanilla.
- Drizzle mixture over cereal; toss until well coated.
- Sprinkle dry cake mix, powdered sugar and sprinkles over cereal; toss until well coated.
- Spread in single layer in 15x10-inch pan or large cookie sheet.
- Bake uncovered 30 minutes, stirring after 15 minutes. Cool about 15 minutes. Store tightly covered at room temperature.

Nutrition Facts



PROTEIN 3.77% **FAT 32.41%** **CARBS 63.82%**

Properties

Glycemic Index:6.25, Glycemic Load:0, Inflammation Score:-8, Nutrition Score:19.346087124037%

Nutrients (% of daily need)

Calories: 395.05kcal (19.75%), Fat: 14.55g (22.39%), Saturated Fat: 10.64g (66.48%), Carbohydrates: 64.47g (21.49%), Net Carbohydrates: 63.66g (23.15%), Sugar: 33.05g (36.72%), Cholesterol: 15.25mg (5.08%), Sodium: 432.06mg (18.79%), Alcohol: 0.17g (100%), Alcohol %: 0.25% (100%), Protein: 3.81g (7.62%), Folate: 238.15µg (59.54%), Iron: 10.48mg (58.22%), Manganese: 1.13mg (56.33%), Vitamin B2: 0.53mg (31.19%), Vitamin B1: 0.46mg (30.83%), Vitamin B3: 6.06mg (30.31%), Zinc: 4.31mg (28.76%), Vitamin B12: 1.71µg (28.5%), Vitamin B6: 0.57mg (28.37%), Calcium: 186.35mg (18.64%), Vitamin A: 739.82IU (14.8%), Selenium: 7.65µg (10.93%), Phosphorus: 108.61mg (10.86%), Vitamin C: 6.74mg (8.17%), Vitamin D: 1.12µg (7.49%), Vitamin B5: 0.51mg (5.08%), Copper: 0.09mg (4.74%), Fiber: 0.81g (3.24%), Vitamin E: 0.43mg (2.87%), Magnesium: 11.34mg (2.83%), Potassium: 71.09mg (2.03%), Vitamin K: 1.3µg (1.23%)