



Cake Batter Chex® Mix

 Popular

READY IN



55 min.

SERVINGS



8

CALORIES



353 kcal

DESSERT

Ingredients

- 0.3 cup butter cut into pieces
- 9 cups rice chex
- 3 tablespoons m&m candies assorted
- 6 oz vanilla extract white
- 0.5 cup powdered sugar
- 1 teaspoon vanilla
- 1 cup vanilla cake donut holes

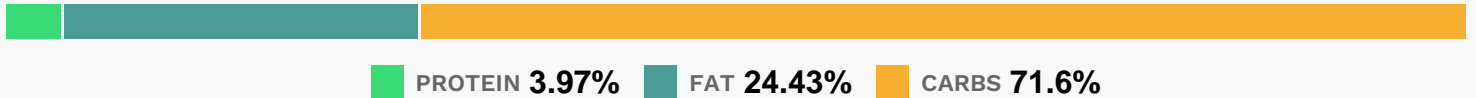
Equipment

- bowl
- frying pan
- baking sheet
- oven
- microwave

Directions

- Heat oven to 250F. In large bowl, place cereal; set aside.
- In small microwavable bowl, microwave white chips and butter uncovered on High 30 seconds; stir. Continue to microwave in 30-second increments until chips and butter are softened and can be stirred smooth. Stir in vanilla.
- Drizzle mixture over cereal; toss until well coated.
- Sprinkle dry cake mix, powdered sugar and sprinkles over cereal; toss until well coated.
- Spread in single layer in 15x10-inch pan or large cookie sheet.
- Bake uncovered 30 minutes, stirring after 15 minutes. Cool about 15 minutes. Store tightly covered at room temperature.

Nutrition Facts



Properties

Glycemic Index:6.25, Glycemic Load:0, Inflammation Score:-8, Nutrition Score:19.619130580322%

Nutrients (% of daily need)

Calories: 352.81kcal (17.64%), Fat: 8.31g (12.79%), Saturated Fat: 4.96g (31.01%), Carbohydrates: 54.83g (18.28%), Net Carbohydrates: 53.87g (19.59%), Sugar: 23.72g (26.36%), Cholesterol: 16.08mg (5.36%), Sodium: 424.56mg (18.46%), Alcohol: 7.49g (100%), Alcohol %: 10.47% (100%), Protein: 3.04g (6.08%), Folate: 238.15µg (59.54%), Manganese: 1.18mg (58.77%), Iron: 10.57mg (58.74%), Vitamin B2: 0.55mg (32.38%), Vitamin B1: 0.46mg (30.99%), Vitamin B3: 6.15mg (30.77%), Zinc: 4.34mg (28.92%), Vitamin B6: 0.57mg (28.65%), Vitamin B12: 1.71µg (28.5%), Calcium: 163.23mg (16.32%), Vitamin A: 752.24IU (15.04%), Phosphorus: 109.89mg (10.99%), Selenium: 7.65µg (10.93%), Vitamin C: 6.78mg (8.21%), Vitamin D: 1.12µg (7.49%), Copper: 0.11mg (5.5%), Vitamin B5: 0.52mg (5.16%), Fiber: 0.96g (3.84%), Magnesium: 13.89mg (3.47%), Potassium: 102.56mg (2.93%), Vitamin E: 0.43mg (2.87%), Vitamin K: 1.3µg (1.23%)