



Cake Batter Pancakes

READY IN



20 min.

SERVINGS



10

CALORIES



370 kcal

MORNING MEAL

BRUNCH

BREAKFAST

Ingredients

- 2 eggs
- 3 tablespoons candy sprinkles
- 10 servings additional candy sprinkles
- 2 teaspoons milk
- 3 tablespoons milk plus
- 2.5 cups powdered sugar
- 1 teaspoon vanilla
- 1 cup duncan hines classic decadent cake mix yellow betty crocker® supermoist®
- 1 cup mix original bisquick®

Equipment

- bowl
- frying pan
- whisk

Directions

- Heat griddle or skillet over medium-high heat or electric griddle to 375 degrees F; grease with cooking spray, vegetable oil or shortening. (Surface is ready when a few drops of water sprinkled on it dance and disappear.)
- In medium bowl, stir together pancake ingredients until blended.
- Pour by slightly less than 1/4 cupfuls onto hot griddle. Cook until edges are dry. Turn; cook until pancakes are golden brown. Stack on serving plates.
- In small bowl, beat powdered sugar, milk and 1/2 teaspoon vanilla with whisk until smooth.
- To serve, top each serving with glaze and additional candy sprinkles.

Nutrition Facts



Properties

Glycemic Index:7.6, Glycemic Load:0.1, Inflammation Score:-1, Nutrition Score:4.5839130645213%

Nutrients (% of daily need)

Calories: 369.73kcal (18.49%), Fat: 8.06g (12.4%), Saturated Fat: 4.05g (25.3%), Carbohydrates: 70.7g (23.57%), Net Carbohydrates: 69.64g (25.32%), Sugar: 53.48g (59.43%), Cholesterol: 36.55mg (12.18%), Sodium: 353.79mg (15.38%), Alcohol: 0.14g (100%), Alcohol %: 0.17% (100%), Protein: 4.05g (8.11%), Phosphorus: 166.55mg (16.65%), Calcium: 105.98mg (10.6%), Vitamin B2: 0.16mg (9.47%), Folate: 35.22µg (8.81%), Vitamin B1: 0.13mg (8.69%), Iron: 1.24mg (6.87%), Selenium: 4.6µg (6.57%), Vitamin B3: 1.11mg (5.53%), Manganese: 0.09mg (4.54%), Fiber: 1.06g (4.24%), Vitamin B5: 0.35mg (3.48%), Vitamin B12: 0.18µg (2.97%), Vitamin B6: 0.05mg (2.29%), Copper: 0.04mg (2.21%), Vitamin E: 0.33mg (2.19%), Vitamin A: 100.45IU (2.01%), Zinc: 0.28mg (1.84%), Magnesium: 7.13mg (1.78%), Vitamin D: 0.24µg (1.58%), Potassium: 52.27mg (1.49%), Vitamin K: 1.51µg (1.44%)