

Cake Mix Chocolate Chip Cookies







DESSERT

Ingredients

	0.5 cup butter	softened
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1 eggs

1 tablespoons milk

0.5 cup nuts chopped

1 cup semi chocolate chips

1 teaspoon vanilla

1 box cake mix yellow

Equipment

	bowl	
	baking sheet	
	oven	
	wire rack	
	hand mixer	
Directions		
	Heat oven to 350F (325F for dark or nonstick pans). In large bowl, beat cake mix, butter, 1 tablespoon milk, vanilla and egg with electric mixer on medium speed until smooth, or mix with spoon.	
	Mix in additional 1 tablespoon milk if dough is too dry. Stir in nuts and chocolate chips.	
	Drop dough by slightly less than tablespoonfuls 2 inches apart on ungreased cookie sheets.	
	Bake cookies 10 to 12 minutes or until edges are set (centers will be soft and cookies will be very light in color). Cool 1 minute; remove from cookie sheets to cooling rack. Store covered.	
Nutrition Facts		
PROTEIN 4.61% FAT 45.18% CARBS 50.21%		

Properties

Glycemic Index:1.61, Glycemic Load:0.09, Inflammation Score:-1, Nutrition Score:2.1139130408511%

Nutrients (% of daily need)

Calories: 101.71kcal (5.09%), Fat: 5.15g (7.93%), Saturated Fat: 1.75g (10.95%), Carbohydrates: 12.89g (4.3%), Net Carbohydrates: 12.24g (4.45%), Sugar: 6.94g (7.71%), Cholesterol: 4.2mg (1.4%), Sodium: 117.36mg (5.1%), Alcohol: 0.03g (100%), Alcohol %: 0.18% (100%), Caffeine: 3.69mg (1.23%), Protein: 1.18g (2.36%), Phosphorus: 59.82mg (5.98%), Manganese: 0.11mg (5.7%), Copper: 0.09mg (4.26%), Iron: 0.61mg (3.38%), Magnesium: 12.89mg (3.22%), Calcium: 31.68mg (3.17%), Fiber: 0.64g (2.58%), Folate: 9.75µg (2.44%), Vitamin B2: 0.04mg (2.37%), Vitamin B1: 0.03mg (2.28%), Vitamin A: 105.3IU (2.11%), Vitamin B3: 0.4mg (2.02%), Vitamin E: 0.23mg (1.56%), Selenium: 1.06µg (1.51%), Zinc: 0.23mg (1.51%), Potassium: 43.58mg (1.25%)