



## Cake Mix Citrus Biscotti

 Dairy Free

READY IN



105 min.

SERVINGS



30

CALORIES



143 kcal

DESSERT

### Ingredients

- 1 box lemon cake mix
- 0.5 cup flour all-purpose
- 1 tablespoon vegetable oil
- 2 eggs
- 2 tablespoons lemon zest grated
- 1 tablespoon lime zest grated
- 1 tablespoon orange zest grated
- 16 oz fluffy frosting

2 teaspoons juice of lemon

## Equipment

bowl

frying pan

baking sheet

oven

wire rack

## Directions

Heat oven to 350°F (325°F for dark or nonstick pan). Lightly grease or spray large cookie sheet. In large bowl, mix biscotti ingredients with spoon until dough forms.

On cookie sheet, shape dough into 14x3-inch rectangle, 1/2 inch thick.

Bake 19 to 25 minutes or until golden brown. Cool on cookie sheet on cooling rack 15 minutes.

Cut dough crosswise into 1/2-inch slices. Arrange slices cut side up on cookie sheet.

Bake 7 to 8 minutes or until bottoms are light golden brown; turn slices over.

Bake 7 to 8 minutes longer or until bottoms are light golden brown. Cool 5 minutes; remove from cookie sheet to cooling rack. Cool completely, about 15 minutes.

In small bowl, mix glaze ingredients until thin enough to drizzle.

Drizzle over biscotti. Before stacking biscotti, let stand about 4 hours or until glaze is set. Store loosely covered.

## Nutrition Facts



**PROTEIN 3.45%** **FAT 23.18%** **CARBS 73.37%**

## Properties

Glycemic Index:5, Glycemic Load:5.57, Inflammation Score:-1, Nutrition Score:2.2660869606163%

## Flavonoids

Eriodictyol: 0.02mg, Eriodictyol: 0.02mg, Eriodictyol: 0.02mg, Eriodictyol: 0.02mg Hesperetin: 0.13mg, Hesperetin: 0.13mg, Hesperetin: 0.13mg, Hesperetin: 0.13mg Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg,

Naringenin: 0.01mg

## **Nutrients (% of daily need)**

Calories: 142.92kcal (7.15%), Fat: 3.68g (5.67%), Saturated Fat: 0.89g (5.58%), Carbohydrates: 26.24g (8.75%), Net Carbohydrates: 25.9g (9.42%), Sugar: 17.05g (18.94%), Cholesterol: 10.91mg (3.64%), Sodium: 157.52mg (6.85%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.23g (2.47%), Vitamin B2: 0.11mg (6.46%), Phosphorus: 64.36mg (6.44%), Folate: 18.31µg (4.58%), Calcium: 39.72mg (3.97%), Vitamin B1: 0.06mg (3.96%), Vitamin K: 3.32µg (3.16%), Vitamin E: 0.46mg (3.08%), Selenium: 2.14µg (3.06%), Iron: 0.54mg (2.98%), Vitamin B3: 0.56mg (2.81%), Manganese: 0.05mg (2.4%), Fiber: 0.33g (1.33%), Vitamin B5: 0.13mg (1.28%), Vitamin C: 0.98mg (1.18%), Vitamin B6: 0.02mg (1.02%)