



WHATSheATE

Cake Mix Cookies II

READY IN



45 min.

SERVINGS



36

CALORIES



88 kcal

DESSERT

Ingredients

- ☐ 0.3 cup butter
- ☐ 2 egg yolks
- ☐ 0.3 cup shortening
- ☐ 0.5 teaspoon vanilla extract
- ☐ 18.3 ounce duncan hines classic decadent cake mix yellow

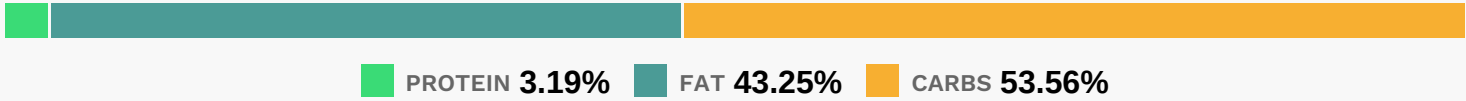
Equipment

- ☐ baking sheet
- ☐ oven

Directions

- ☐ Mix butter, shortening, egg yolks and vanilla. Thoroughly blend in cake mix 1/3 at a time.
- ☐ If dough is dry add 1 to 1/2 teaspoons water. Half cup chopped nuts, chocolate morsels, coconut, or raisins can be added to dough.
- ☐ Roll dough into long smooth roll and chill until firm.
- ☐ Preheat oven to 375 degrees F (190 degrees C).
- ☐ Slice cookies about 1/4 inch thick and bake on ungreased cookie sheet about 8 minutes or until cookie is light brown around edges. Cool cookie on sheet about 1 minute before removing to rack.

Nutrition Facts



Properties

Glycemic Index:1.39, Glycemic Load:0, Inflammation Score:-1, Nutrition Score:1.3882608744113%

Nutrients (% of daily need)

Calories: 88.12kcal (4.41%), Fat: 4.27g (6.57%), Saturated Fat: 1.88g (11.77%), Carbohydrates: 11.89g (3.96%), Net Carbohydrates: 11.72g (4.26%), Sugar: 6.24g (6.93%), Cholesterol: 15.32mg (5.11%), Sodium: 118.7mg (5.16%), Alcohol: 0.02g (100%), Alcohol %: 0.12% (100%), Protein: 0.71g (1.42%), Phosphorus: 48.96mg (4.9%), Calcium: 32.14mg (3.21%), Folate: 11.3µg (2.82%), Vitamin B1: 0.04mg (2.36%), Vitamin B2: 0.04mg (2.31%), Vitamin E: 0.32mg (2.15%), Iron: 0.33mg (1.82%), Vitamin B3: 0.33mg (1.67%), Vitamin K: 1.58µg (1.51%), Selenium: 1.01µg (1.45%), Manganese: 0.03mg (1.41%), Vitamin A: 66.95IU (1.34%)