



## Cake Mix Cookies VII

 Dairy Free

READY IN



40 min.

SERVINGS



24

CALORIES



136 kcal

DESSERT

### Ingredients

- 1 teaspoon double-acting baking powder
- 2 eggs
- 1 cup semi chocolate chips
- 0.5 cup vegetable oil
- 18.3 ounce cake mix yellow

### Equipment

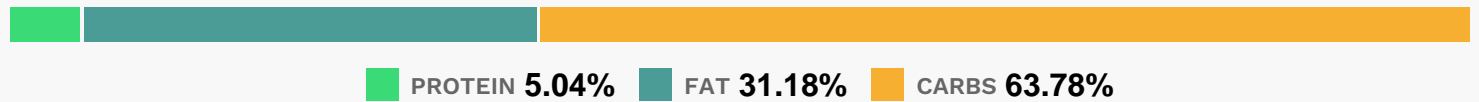
- bowl
- baking sheet

- oven
- wire rack

## Directions

- Preheat oven to 350 degrees F (175 degrees C).
- In a medium bowl, stir together the cake mix and baking powder.
- Add eggs and oil, then mix until well blended. Stir in chocolate chips, or your choice of additions. Drop by rounded spoonfuls onto cookie sheets.
- Bake for 8 to 10 minutes in the preheated oven.
- Bake less for chewy cookies and more for crispy cookies. Allow cookies to cool on baking sheets for 5 minutes before transferring to a wire rack to cool completely.

## Nutrition Facts



## Properties

Glycemic Index:3.83, Glycemic Load:0.04, Inflammation Score:-1, Nutrition Score:3.1878260879413%

## Nutrients (% of daily need)

Calories: 136.12kcal (6.81%), Fat: 4.73g (7.28%), Saturated Fat: 2.25g (14.09%), Carbohydrates: 21.77g (7.26%), Net Carbohydrates: 20.91g (7.6%), Sugar: 12.1g (13.44%), Cholesterol: 14.09mg (4.7%), Sodium: 180.56mg (7.85%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Caffeine: 6.45mg (2.15%), Protein: 1.72g (3.44%), Phosphorus: 97.24mg (9.72%), Manganese: 0.14mg (7.08%), Calcium: 61.98mg (6.2%), Copper: 0.11mg (5.59%), Iron: 1.01mg (5.58%), Vitamin B2: 0.07mg (4.13%), Folate: 16.38µg (4.1%), Magnesium: 15.84mg (3.96%), Vitamin B1: 0.05mg (3.58%), Fiber: 0.86g (3.44%), Selenium: 2.4µg (3.43%), Vitamin B3: 0.56mg (2.82%), Vitamin K: 2.85µg (2.71%), Vitamin E: 0.36mg (2.37%), Zinc: 0.3mg (2.03%), Potassium: 57.75mg (1.65%), Vitamin B5: 0.16mg (1.57%), Vitamin B6: 0.03mg (1.27%), Vitamin B12: 0.07µg (1.13%)