



## Cake Mix Sugar Cookies

READY IN



45 min.

SERVINGS



24

CALORIES



275 kcal

DESSERT

### Ingredients

- 0.3 cup butter softened
- 2 eggs
- 0.7 cup flour all-purpose
- 0.3 cup milk
- 3.8 cups powdered sugar
- 0.3 teaspoon salt
- 2 tablespoons cream sour
- 1 cup grands flaky refrigerator biscuits (for pressing cookies)
- 1 teaspoon vanilla

- 0.3 cup vegetable oil
- 1 box cake mix white
- 24 servings frangelico
- 24 servings frangelico

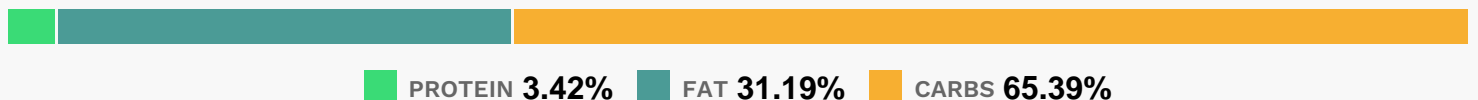
## Equipment

- bowl
- baking sheet
- baking paper
- oven
- hand mixer

## Directions

- Heat oven to 350F. Line cookie sheets with cooking parchment paper.
- In large bowl, stir together cake mix and flour.
- Add oil, sour cream and eggs; beat with electric mixer on medium speed until blended.
- Using 1-inch cookie scoop, shape dough into 1-inch balls; place on cookie sheets. With bottom of drinking glass dipped in sugar, flatten balls of dough (dip glass in sugar for each ball).
- Bake about 10 minutes or until just about set. Cool on cookie sheets 1 to 2 minutes; remove from cookie sheets to cooling racks. Cool completely, about 15 minutes.
- In medium bowl, beat Frosting ingredients until smooth and fluffy. If too stiff to spread, add a few more drops of milk. Frost cooled cookies; sprinkle with decors.

## Nutrition Facts



## Properties

Glycemic Index:9.46, Glycemic Load:5.91, Inflammation Score:-1, Nutrition Score:3.8139130373526%

## Nutrients (% of daily need)

Calories: 274.98kcal (13.75%), Fat: 9.62g (14.8%), Saturated Fat: 3.57g (22.31%), Carbohydrates: 45.39g (15.13%), Net Carbohydrates: 44.93g (16.34%), Sugar: 29.73g (33.04%), Cholesterol: 21.31mg (7.1%), Sodium: 235.52mg (10.24%), Alcohol: 0.06g (100%), Alcohol %: 0.11% (100%), Protein: 2.37g (4.74%), Phosphorus: 94.21mg (9.42%), Folate: 31.3µg (7.82%), Vitamin B1: 0.11mg (7.47%), Vitamin B2: 0.12mg (7.15%), Selenium: 5µg (7.14%), Vitamin K: 7.5µg (7.14%), Manganese: 0.11mg (5.62%), Calcium: 56.15mg (5.61%), Vitamin E: 0.79mg (5.3%), Iron: 0.95mg (5.29%), Vitamin B3: 1.05mg (5.25%), Vitamin A: 117.41IU (2.35%), Fiber: 0.46g (1.84%), Vitamin B5: 0.18mg (1.81%), Copper: 0.04mg (1.78%), Zinc: 0.24mg (1.58%), Magnesium: 5.44mg (1.36%), Vitamin B6: 0.02mg (1.14%), Potassium: 37.25mg (1.06%)