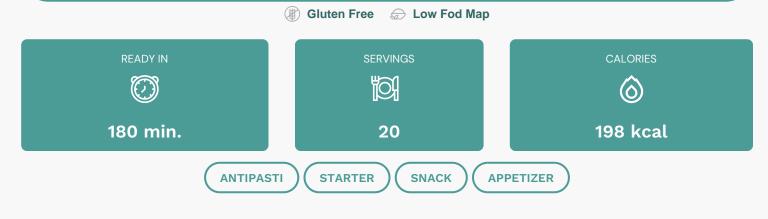


Cakespy: Chocolate Covered Potato Kisses



Ingredients

Ш	1 teaspoon brown sugar for flavor (optional;)
	1 tablespoon butter
	12 ounces chocolate chips
	1 pound powdered sugar sifted
	0.5 cup potatoes hot mashed
	0.8 cup coconut sweetened flaked
	0.5 teaspoon vanilla

Equipment

	frying pan	
	baking sheet	
	sauce pan	
	baking paper	
	mixing bowl	
	double boiler	
	skewers	
Directions		
	Cover a countertop area or large baking sheet with waxed or parchment paper.	
	In a medium mixing bowl, combine the mashed potatoes and butter, mixing well. Gradually add the sugar(s), blending until smooth. Stir in the vanilla extract and coconut; if the dough is too thick or won't hold together, add the milk or cream.	
	Roll into balls (about 1 inch in diameter) and put in the freezer for about an hour.	
	In a medium saucepan or double boiler, melt the chocolate morsels over low heat. Once melted, remove the truffles from the freezer and coat each one in chocolate, using a skewer or fork, tapping each against the side of the pan to drip off excess.	
	Transfer to your sheet of parchment or waxed paper; add sprinkles if you'd like them to have a decorative finish.	
	Let set for about 2 1/2 hours before serving.	
Nutrition Facts		
PROTEIN 0.42 % FAT 28.02 % CARBS 71.56 %		
THE 20.0270 AND 11.0070		
Properties		
Glycemic Index:6.69, Glycemic Load:0.67, Inflammation Score:1, Nutrition Score:0.68347826421909%		

Flavonoids

Kaempferol: 0.04mg, Kaempferol: 0.04mg, Kaempferol: 0.04mg, Kaempferol: 0.04mg, Quercetin: 0.04mg, Quercetin: 0.04mg, Quercetin: 0.04mg, Quercetin: 0.04mg

Nutrients (% of daily need)

Calories: 197.92kcal (9.9%), Fat: 6.32g (9.73%), Saturated Fat: 4.24g (26.5%), Carbohydrates: 36.35g (12.12%), Net Carbohydrates: 35.92g (13.06%), Sugar: 33.32g (37.02%), Cholesterol: 1.5mg (0.5%), Sodium: 14.42mg (0.63%), Alcohol: 0.03g (100%), Alcohol %: 0.09% (100%), Protein: 0.21g (0.42%), Potassium: 83.24mg (2.38%), Manganese: 0.04mg (1.99%), Fiber: 0.43g (1.72%), Calcium: 13.7mg (1.37%), Vitamin C: 1.03mg (1.25%)