



Cakespy: Funfetti Pancakes

🤍 Popular

READY IN



15 min.

SERVINGS



12

CALORIES



186 kcal

MORNING MEAL

BRUNCH

BREAKFAST

Ingredients

- ☐ 12 servings butter for greasing your frying pan
- ☐ 1 eggs
- ☐ 0.5 cup flour sifted
- ☐ 1 cup milk
- ☐ 2.5 cups duncan hines classic decadent cake mix

Equipment

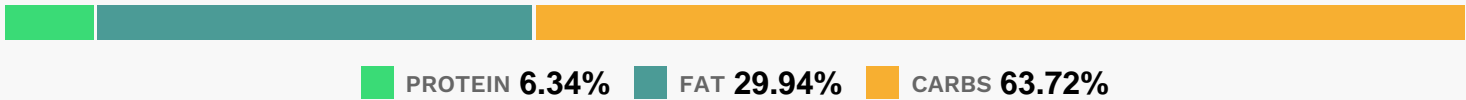
- ☐ frying pan
- ☐ oven

- ☐ mixing bowl
- ☐ stove

Directions

- ☐ Combine the dry cake mix with the remaining ingredients in a small mixing bowl.
- ☐ Blend on medium-low speed until the batter is fully incorporated, about 2 minutes.
- ☐ Prepare your frying pan by lightly greasing it with butter; let it heat up on a medium-high heat setting on your stovetop.
- ☐ Drop the batter, 1/4 cup at a time, on to the prepared griddle. When the edges turn golden and are beginning to lightly bubble, flip the pancake and let the second side bake (this may take less time than the first side).
- ☐ Serve immediately; garnish with jam, syrup, or even some cake frosting if you're feeling very decadent.

Nutrition Facts



Properties

Glycemic Index:13.58, Glycemic Load:3.24, Inflammation Score:-2, Nutrition Score:4.2239130372586%

Nutrients (% of daily need)

Calories: 186.18kcal (9.31%), Fat: 6.24g (9.59%), Saturated Fat: 3.67g (22.93%), Carbohydrates: 29.86g (9.95%), Net Carbohydrates: 29.39g (10.69%), Sugar: 13.9g (15.44%), Cholesterol: 26.83mg (8.94%), Sodium: 257.42mg (11.19%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 2.97g (5.94%), Phosphorus: 137.83mg (13.78%), Calcium: 96.11mg (9.61%), Selenium: 5.96µg (8.52%), Folate: 32.84µg (8.21%), Vitamin B2: 0.14mg (8.16%), Vitamin B1: 0.12mg (8.03%), Vitamin B3: 1.06mg (5.32%), Iron: 0.9mg (5.02%), Manganese: 0.1mg (5.01%), Vitamin A: 177.69IU (3.55%), Vitamin E: 0.43mg (2.89%), Vitamin B12: 0.15µg (2.52%), Vitamin B5: 0.25mg (2.5%), Zinc: 0.31mg (2.08%), Vitamin D: 0.3µg (1.98%), Fiber: 0.48g (1.91%), Magnesium: 7.49mg (1.87%), Copper: 0.04mg (1.76%), Potassium: 61.32mg (1.75%), Vitamin B6: 0.03mg (1.48%), Vitamin K: 1.26µg (1.2%)