



California Dreamin' Cookies

 Dairy Free  Popular

READY IN



130 min.

SERVINGS



54

CALORIES



94 kcal

DESSERT

Ingredients

- 1 cup sugar
- 1 cup peppermint candies white cooled melted
- 0.8 cup butter softened
- 0.3 cup orange juice
- 1 teaspoon vanilla
- 1 eggs
- 3.5 cups flour all-purpose
- 1 teaspoon double-acting baking powder

- 1 teaspoon orange zest grated
- 0.3 teaspoon salt
- 18 orange sections cut into thirds

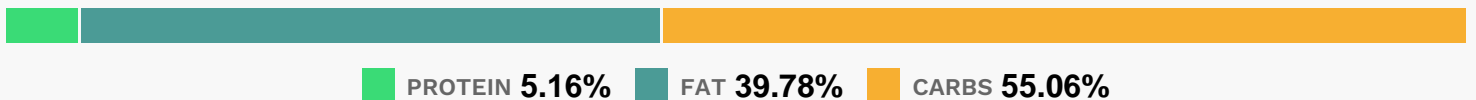
Equipment

- bowl
- baking sheet
- oven
- wire rack
- hand mixer

Directions

- In large bowl, beat sugar, melted baking chips and butter with electric mixer on medium speed until creamy, or mix with spoon. Beat in orange juice, vanilla and egg (mixture may appear curdled). Stir in flour, baking powder, orange peel and salt. Cover and refrigerate about 1 hour or until easy to handle.
- Heat oven to 350°F. Shape dough into 1-inch balls.
- Place about 2 inches apart on ungreased cookie sheet.
- Bake 9 to 12 minutes or until set (cookies will not brown). Immediately press orange slice piece into center of each cookie. Cool 2 minutes; remove from cookie sheet to wire rack.

Nutrition Facts



Properties

Glycemic Index:6.14, Glycemic Load:7.31, Inflammation Score:-2, Nutrition Score:1.6791304141769%

Flavonoids

Hesperetin: 1.32mg, Hesperetin: 1.32mg, Hesperetin: 1.32mg, Hesperetin: 1.32mg Naringenin: 0.69mg, Naringenin: 0.69mg, Naringenin: 0.69mg, Naringenin: 0.69mg Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin: 0.02mg, Quercetin: 0.02mg, Quercetin: 0.02mg, Quercetin: 0.02mg

0.02mg, Quercetin: 0.02mg

Nutrients (% of daily need)

Calories: 94.22kcal (4.71%), Fat: 4.23g (6.51%), Saturated Fat: 1.86g (11.65%), Carbohydrates: 13.17g (4.39%), Net Carbohydrates: 12.84g (4.67%), Sugar: 6.72g (7.47%), Cholesterol: 3.03mg (1.01%), Sodium: 52.44mg (2.28%), Alcohol: 0.03g (100%), Alcohol %: 0.12% (100%), Protein: 1.23g (2.47%), Vitamin B1: 0.07mg (4.61%), Selenium: 3.04µg (4.35%), Folate: 16.9µg (4.22%), Vitamin C: 2.94mg (3.56%), Manganese: 0.06mg (2.85%), Vitamin B2: 0.05mg (2.81%), Vitamin A: 129.38IU (2.59%), Vitamin B3: 0.5mg (2.49%), Iron: 0.41mg (2.26%), Calcium: 15.51mg (1.55%), Phosphorus: 13.53mg (1.35%), Fiber: 0.33g (1.32%)