



Camille's Buttermilk Pound Cake

READY IN



120 min.

SERVINGS



8

CALORIES



651 kcal

DESSERT

Ingredients

- 1 teaspoon double-acting baking powder
- 1 teaspoon baking soda
- 1.5 cups buttermilk
- 4 eggs
- 3 cups flour all-purpose
- 0.8 teaspoon salt
- 1 teaspoon vanilla extract
- 1 cup vegetable shortening crisco® (such as)
- 2 cups sugar white

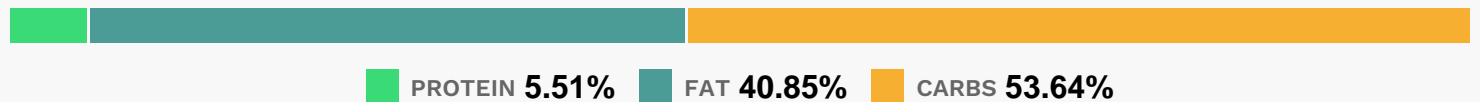
Equipment

- bowl
- frying pan
- oven
- whisk
- hand mixer
- toothpicks

Directions

- Preheat oven to 350 degrees F (175 degrees C). Grease a 9-inch fluted tube pan (such as a Bundt®).
- Beat vegetable shortening with sugar in a bowl with an electric mixer until light and fluffy; beat eggs into mixture one at a time, incorporating each egg before adding the next.
- Mix vanilla into egg mixture.
- Whisk flour, baking soda, baking powder, and salt in a bowl; stir into liquid ingredients in several additions, alternating with buttermilk to make a smooth batter.
- Pour batter into prepared tube pan.
- Bake in the preheated oven until cake is lightly browned and a toothpick inserted into the middle of the cake comes out clean, about 1 hour.
- Let cake cool and dust with confectioners' sugar.

Nutrition Facts



Properties

Glycemic Index:33.51, Glycemic Load:61.59, Inflammation Score:-4, Nutrition Score:11.340434851854%

Nutrients (% of daily need)

Calories: 650.72kcal (32.54%), Fat: 29.83g (45.89%), Saturated Fat: 8.02g (50.14%), Carbohydrates: 88.13g (29.38%), Net Carbohydrates: 86.86g (31.59%), Sugar: 52.37g (58.19%), Cholesterol: 86.79mg (28.93%), Sodium:

488.81mg (21.25%), Alcohol: 0.17g (100%), Alcohol %: 0.11% (100%), Protein: 9.06g (18.12%), Selenium: 24.61µg (35.16%), Vitamin B1: 0.4mg (26.87%), Vitamin B2: 0.42mg (24.68%), Folate: 98.37µg (24.59%), Manganese: 0.33mg (16.57%), Iron: 2.67mg (14.86%), Phosphorus: 143.42mg (14.34%), Vitamin B3: 2.83mg (14.13%), Vitamin K: 13.97µg (13.31%), Vitamin E: 1.86mg (12.41%), Calcium: 101.43mg (10.14%), Vitamin B5: 0.89mg (8.88%), Vitamin D: 1.02µg (6.83%), Vitamin B12: 0.4µg (6.71%), Zinc: 0.79mg (5.26%), Fiber: 1.27g (5.07%), Copper: 0.1mg (4.93%), Magnesium: 17.65mg (4.41%), Potassium: 143.15mg (4.09%), Vitamin A: 193.05IU (3.86%), Vitamin B6: 0.07mg (3.73%)