



Candied Bacon Pigs

 Gluten Free  Dairy Free

READY IN



300 min.

SERVINGS



10

CALORIES



449 kcal

SIDE DISH

Ingredients

- ☐ 0.5 teaspoon five-spice powder chinese
- ☐ 1 pound bacon cut into thirds crosswise
- ☐ 1.5 cups brown sugar divided
- ☐ 12 fluid ounce cola-flavored carbonated beverage canned
- ☐ 14 ounce little smokie sausages

Equipment

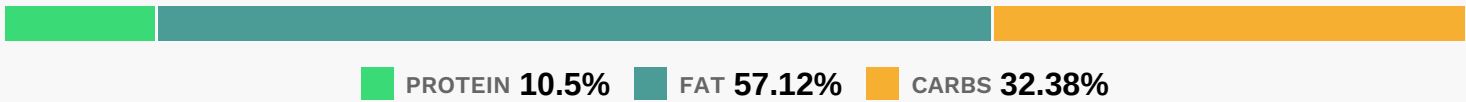
- ☐ baking sheet
- ☐ oven

- ☐ toothpicks
- ☐ slotted spoon
- ☐ slow cooker

Directions

- ☐ Preheat oven to 325 degrees F (165 degrees C).
- ☐ Wrap each little sausage with 1/3 slice of bacon, and secure them with toothpicks.
- ☐ Place the appetizers on a large baking sheet and sprinkle with 3/4 cup of brown sugar.
- ☐ Bake in the preheated oven until the sugar is melted and bubbling, about 40 minutes; turn the appetizers after 20 minutes.
- ☐ Remove the appetizers from the baking sheet with a slotted spoon, and place into a slow cooker.
- ☐ Sprinkle the remaining 3/4 cup of brown sugar and the five-spice powder over the smokies, and drizzle with the cola. If desired, add hot sauce to taste.
- ☐ Set the cooker to High, and cook 4 hours.
- ☐ Serve warm.

Nutrition Facts



Properties

Glycemic Index:9.6, Glycemic Load:2.14, Inflammation Score:-1, Nutrition Score:5.876956510479%

Nutrients (% of daily need)

Calories: 449.01kcal (22.45%), Fat: 28.57g (43.96%), Saturated Fat: 9.52g (59.52%), Carbohydrates: 36.45g (12.15%), Net Carbohydrates: 36.42g (13.24%), Sugar: 35.19g (39.1%), Cholesterol: 58.51mg (19.5%), Sodium: 563.39mg (24.5%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 11.81g (23.63%), Vitamin B3: 3.73mg (18.67%), Vitamin B1: 0.23mg (15.67%), Selenium: 9.56µg (13.66%), Vitamin B6: 0.26mg (12.85%), Phosphorus: 124.65mg (12.46%), Zinc: 1.42mg (9.49%), Vitamin B12: 0.56µg (9.4%), Potassium: 235.72mg (6.73%), Vitamin B5: 0.56mg (5.63%), Iron: 0.97mg (5.41%), Vitamin B2: 0.09mg (5.04%), Vitamin D: 0.7µg (4.65%), Magnesium: 14.31mg (3.58%), Calcium: 35.23mg (3.52%), Copper: 0.06mg (3.15%), Vitamin E: 0.27mg (1.8%), Manganese: 0.03mg (1.67%)