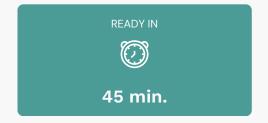


Candied Orange Slices with Ganache Dipping Sauce

Gluten Free







SIDE DISH

Ingredients

1 tablespoon grand marnier orange-flavored (liqueur)
2.5 cups granulated sugar
2 tablespoons milk 2%
2 inch cranberry-orange relish unpeeled (2 oranges)
1 Dash salt
0.5 cup semi chocolate chips
2 cups sugar

	1.5 cups water	
Equipment		
	bowl	
	paper towels	
	sauce pan	
	baking paper	
	wire rack	
	microwave	
	slotted spoon	
	candy thermometer	
Directions		
	To prepare oranges, place orange slices in a medium saucepan; cover with water. Bring to a boil; drain orange slices on paper towels.	
	Combine sugars, 11/2 cups water, liqueur, and salt in a medium saucepan. Bring to a boil (do not stir); reduce heat and simmer, without stirring, until a candy thermometer registers 220 (about 8 minutes).	
	Add orange slices; simmer, without stirring, 45 minutes or until peel becomes translucent.	
	Remove orange slices from syrup with a slotted spoon; drain on parchment paper for 5 minutes or until cool enough to handle.	
	Place on a wire rack, and cool completely.	
	Cut orange slices into quarters.	
	To prepare ganache, place milk in small microwave-safe bowl. Microwave at HIGH for 1 minute	
	Add chocolate chips; let stand 5 minutes, stirring occasionally until chocolate melts.	
	Serve orange wedges with ganache.	
Nutrition Facts		
	PROTEIN 0.63% FAT 7.94% CARBS 91.43%	
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Properties

Glycemic Index:14.07, Glycemic Load:43.66, Inflammation Score:-1, Nutrition Score:2.1213043474633%

Flavonoids

Hesperetin: 0.17mg, Hesperetin: 0.17mg, Hesperetin: 0.17mg, Hesperetin: 0.17mg Naringenin: 0.1mg, Naringenin: 0.1mg, Naringenin: 0.1mg

Nutrients (% of daily need)

Calories: 513.21kcal (25.66%), Fat: 4.59g (7.06%), Saturated Fat: 2.53g (15.8%), Carbohydrates: 118.91g (39.64%), Net Carbohydrates: 117.99g (42.91%), Sugar: 116.95g (129.95%), Cholesterol: 0.98mg (0.32%), Sodium: 12.23mg (0.53%), Alcohol: 0.49g (100%), Alcohol %: 0.35% (100%), Caffeine: 10.16mg (3.39%), Protein: 0.82g (1.64%), Manganese: 0.18mg (8.78%), Copper: 0.16mg (7.88%), Magnesium: 21.78mg (5.44%), Iron: 0.93mg (5.17%), Fiber: 0.92g (3.66%), Phosphorus: 33.4mg (3.34%), Potassium: 86.5mg (2.47%), Zinc: 0.34mg (2.29%), Selenium: 1.42µg (2.03%), Calcium: 19.71mg (1.97%), Vitamin B2: 0.02mg (1.46%)