



Candy Bar Pie

READY IN



20 min.

SERVINGS



8

CALORIES



305 kcal

DESSERT

Ingredients

- 8 servings chocolate shaved
- 6 chocolate bar with almonds (1.45 ounces each)
- 1 graham cracker crust (9 inches)
- 3 teaspoons vanilla extract
- 8 ounces non-dairy whipped topping frozen thawed

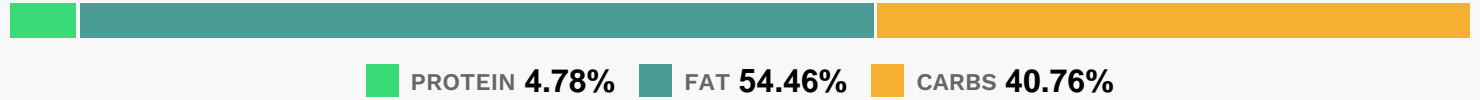
Equipment

- microwave

Directions

- In a microwave, melt chocolate bars; stir until blended. Quickly fold in whipped topping. Stir in vanilla.
- Spoon into pie crust.
- Garnish with shaved chocolate if desired. Chill until serving.

Nutrition Facts



Properties

Glycemic Index:8.2, Glycemic Load:1.92, Inflammation Score:-3, Nutrition Score:7.1252173418584%

Nutrients (% of daily need)

Calories: 304.94kcal (15.25%), Fat: 18.28g (28.12%), Saturated Fat: 9.61g (60.06%), Carbohydrates: 30.79g (10.26%), Net Carbohydrates: 28.04g (10.2%), Sugar: 16.28g (18.09%), Cholesterol: 1.2mg (0.4%), Sodium: 124.99mg (5.43%), Alcohol: 0.52g (100%), Alcohol %: 0.89% (100%), Caffeine: 17.46mg (5.82%), Protein: 3.61g (7.22%), Manganese: 0.69mg (34.55%), Copper: 0.43mg (21.4%), Iron: 3.11mg (17.27%), Magnesium: 56.06mg (14.02%), Phosphorus: 112.08mg (11.21%), Fiber: 2.75g (10.99%), Vitamin K: 7.14µg (6.8%), Zinc: 1.01mg (6.7%), Potassium: 207.92mg (5.94%), Vitamin B2: 0.09mg (5.35%), Vitamin B3: 0.95mg (4.74%), Vitamin E: 0.66mg (4.41%), Calcium: 42.03mg (4.2%), Selenium: 2.69µg (3.84%), Folate: 14.69µg (3.67%), Vitamin B1: 0.05mg (3.48%), Vitamin B12: 0.12µg (1.92%), Vitamin B6: 0.03mg (1.53%), Vitamin B5: 0.13mg (1.27%)