

Candy Bar Surprise Sugar Cookie Bars

airy Free







DESSERT

Ingredients

17.5 oz sugar	cookie m	nix
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- 1 cup butter softened
- 2 eggs
- 10 oz chocolate bar

Equipment

- bowl
- frying pan
- oven

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Di	rections	
	Heat oven to 350°F. Spray 13x9-inch pan with cooking spray.	
	In medium bowl, mix 1 pouch of cookie mix, 1/2 cup of the butter and 1 egg with spoon until soft dough forms. Press dough in bottom of pan.	
	Line up candy bars over dough, or chop candy bars and sprinkle over dough.	
	Mix second pouch of cookie mix with remaining 1/2 cup butter and egg. Drop dough by tablespoonfuls over candy bars. Gently press with hands, covering candy completely and making top layer even.	
	Bake 25 minutes or until golden brown. Cool completely on cooling rack.	
	Cut into 6 rows by 4 rows.	
Nutrition Facts		
	PROTEIN 3.91% FAT 56.24% CARBS 39.85%	

Properties

wire rack

Glycemic Index:0.96, Glycemic Load:0.95, Inflammation Score:-3, Nutrition Score:3.3491304706296%

Nutrients (% of daily need)

Calories: 225.1kcal (11.26%), Fat: 14.11g (21.71%), Saturated Fat: 4.59g (28.67%), Carbohydrates: 22.5g (7.5%), Net Carbohydrates: 21.22g (7.72%), Sugar: 12.44g (13.82%), Cholesterol: 13.99mg (4.66%), Sodium: 155.82mg (6.77%), Alcohol: Og (100%), Alcohol %: O% (100%), Caffeine: 9.45mg (3.15%), Protein: 2.21g (4.41%), Manganese: 0.23mg (11.56%), Copper: 0.21mg (10.56%), Iron: 1.54mg (8.58%), Vitamin A: 362.73IU (7.25%), Magnesium: 27.66mg (6.91%), Fiber: 1.29g (5.15%), Phosphorus: 45.82mg (4.58%), Zinc: 0.44mg (2.92%), Selenium: 1.93µg (2.76%), Vitamin E: 0.4mg (2.68%), Potassium: 93.49mg (2.67%), Vitamin B2: 0.04mg (2.15%), Calcium: 13.51mg (1.35%), Folate: 5.13µg (1.28%), Vitamin B1: 0.02mg (1.26%), Vitamin B12: 0.08µg (1.25%), Vitamin B5: 0.11mg (1.14%), Vitamin B3: 0.21mg (1.06%)