

# **Candy Cane Cake**

airy Free







DESSERT

### Ingredients

1 tablespoon water
12 servings peppermint candies hard crushed
0.5 teaspoon peppermint extract
1 cup powdered sugar
0.5 teaspoon food coloring red

## **Equipment**

0.5 teaspoon vanilla

1 box cake mix white

	bowl
	frying pan
	oven
	cake form
Directions	
	Heat oven to 350F (325F for dark or nonstick pan). Generously grease and flour 12-cup fluted tube cake pan. Make cake batter as directed on box.
	Pour about 2 cups batter into pan. In small bowl, pour about 3/4 cup batter; stir in food color and peppermint extract. Carefully pour pink batter over white batter in pan. Carefully pour remaining white batter over pink batter.
	Bake and cool cake as directed on box.
	In small bowl, mix white icing ingredients. If necessary, stir in additional milk, 1 teaspoon at a time, until smooth and spreadable.
	Spread over cake.
	Sprinkle crushed candy on top. Store loosely covered.
Nutrition Facts	
	PROTEIN 3.46% FAT 6.96% CARBS 89.58%

#### **Properties**

Glycemic Index:5.83, Glycemic Load:0.66, Inflammation Score:-1, Nutrition Score:3.2860869532046%

### Nutrients (% of daily need)

Calories: 204.18kcal (10.21%), Fat: 1.59g (2.45%), Saturated Fat: 0.84g (5.26%), Carbohydrates: 46.01g (15.34%), Net Carbohydrates: 45.54g (16.56%), Sugar: 28.63g (31.81%), Cholesterol: Omg (0%), Sodium: 298.86mg (12.99%), Alcohol: 0.11g (100%), Alcohol %: 0.26% (100%), Protein: 1.78g (3.55%), Phosphorus: 145.21mg (14.52%), Calcium: 94.53mg (9.45%), Folate: 30.16µg (7.54%), Vitamin B1: 0.09mg (6.24%), Vitamin B2: 0.1mg (5.63%), Selenium: 3.77µg (5.38%), Vitamin B3: 1.03mg (5.15%), Iron: 0.85mg (4.7%), Manganese: 0.09mg (4.47%), Vitamin E: 0.37mg (2.5%), Fiber: 0.47g (1.9%), Copper: 0.04mg (1.8%), Zinc: 0.2mg (1.33%), Vitamin B5: 0.13mg (1.27%), Magnesium: 4.79mg (1.2%), Vitamin K: 1.16µg (1.11%)