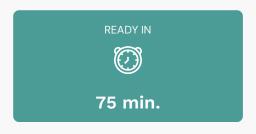


Candy Corn Cupcake Trifles

airy Free







DESSERT

Ingredients

	I box vanil	la cake (donut	holes
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0.5 teaspoon purple gel food coloring

0.3 teaspoon purple gel food coloring yellow

12 oz fluffy frosting white

1.5 cups candy corn

12 frangelico (8-oz size)

Equipment

oven

	toothpicks			
	ziploc bags			
	muffin liners			
Directions				
	Heat oven to 350°F.			
	Place paper baking cup in each of 24 regular-size muffin cups. Make cake mix as directed on box, using water, oil and eggs. Divide batter in half; tint half of batter orange and other half yellow. Divide each color batter evenly among muffin cups.			
	Bake 18 to 20 minutes or until toothpick inserted in center comes out clean. Cool 10 minutes; remove cupcakes from pans to cooling racks. Cool completely.			
	Remove paper baking cups.			
	Cut each cupcake in half horizontally. In each jar, place 1 yellow cupcake half and 1 orange cupcake half. Spoon 1 container of frosting into 1-gallon resealable food-storage plastic bag; seal bag.			
	Cut off about 1/2-inch corner of bag. Twist bag above frosting; squeeze bag to pipe frosting over orange cupcake in each jar.			
	Sprinkle evenly with 1 cup of the candy corn. Repeat layers with remaining cupcake halves, second container of frosting and remaining 1/2 cup candy corn.			
Nutrition Facts				
	PROTEIN 1.98% FAT 15.51% CARBS 82.51%			

Properties

Glycemic Index:3.58, Glycemic Load:8.28, Inflammation Score:-1, Nutrition Score:3.8765217169471%

Nutrients (% of daily need)

Calories: 358.83kcal (17.94%), Fat: 6.18g (9.51%), Saturated Fat: 1.68g (10.52%), Carbohydrates: 74.02g (24.67%), Net Carbohydrates: 73.55g (26.75%), Sugar: 54.15g (60.17%), Cholesterol: Omg (0%), Sodium: 409.36mg (17.8%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 1.77g (3.55%), Phosphorus: 150.29mg (15.03%), Vitamin B2: 0.18mg (10.54%), Calcium: 95.2mg (9.52%), Folate: 32.43µg (8.11%), Vitamin B1: 0.1mg (6.42%), Vitamin B3: 1.09mg (5.45%), Vitamin E: 0.81mg (5.39%), Selenium: 3.73µg (5.33%), Iron: 0.89mg (4.92%), Vitamin K: 4.85µg (4.62%), Manganese: 0.09mg (4.42%), Fiber: 0.47g (1.9%), Copper: 0.03mg (1.74%), Zinc: 0.22mg (1.45%), Vitamin B5:

0.14mg (1.42%), Magnesium: 5.02mg (1.26%), Potassium: 36.35mg (1.04%)