

Candy S'more Brownies







DESSERT

Ingredients

1 box brownie mix
1 serving vegetable oil for on brownie mix box
3 large graham crackers

- 9 pieces chocolate (from milk chocolate candy bar)
- 9 marshmallows

Equipment

oven

baking pan

	toothpicks	
	glass baking pan	
Directions		
	Heat oven to 350°F. Spray 8-inch square (2-quart) glass baking dish with cooking spray; set aside.	
	Make brownie mix batter as directed on box.	
	Pour half of batter into baking dish.	
	Break 2 graham cracker rectangles into 4 squares.	
	Place on top of batter. Break remaining graham cracker rectangle into smaller rectangles; place over batter to fill in spaces.	
	Place pieces of chocolate in 3 rows by 3 rows.	
	Place 1 marshmallow ghost on top of each chocolate piece.	
	Pour remaining batter over top.	
	Bake 35 to 40 minutes or until toothpick inserted in center comes out clean. Cool completely, about 1 hour, before cutting and serving.	
Nutrition Facts		
	PROTEIN 4.11% FAT 26.57% CARBS 69.32%	

Properties

Glycemic Index:19.68, Glycemic Load:6.19, Inflammation Score:1, Nutrition Score:0.99173912381672%

Nutrients (% of daily need)

Calories: 310.77kcal (15.54%), Fat: 9.23g (14.21%), Saturated Fat: 1.99g (12.45%), Carbohydrates: 54.22g (18.07%), Net Carbohydrates: 54g (19.64%), Sugar: 33.73g (37.47%), Cholesterol: Omg (0%), Sodium: 201.98mg (8.78%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 3.21g (6.42%), Iron: 1.83mg (10.16%), Vitamin K: 2.92µg (2.78%), Phosphorus: 11.46mg (1.15%), Magnesium: 4.02mg (1.01%)