



Candy-Sprinkled Frosted Brownies

READY IN



105 min.

SERVINGS



24

CALORIES



302 kcal

DESSERT

Ingredients

- 1 box brownie mix (1 lb 6.25 oz)
- 16 oz chocolate frosting
- 3 tablespoons m&m candies
- 24 servings vegetable oil for on brownie mix box

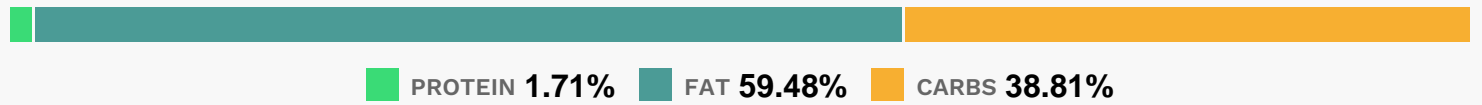
Equipment

- frying pan
- oven
- knife

Directions

- Heat oven to 350F (325F for dark or nonstick pan). Grease bottom only of 13x9-inch pan with shortening or cooking spray.
- Make brownies as directed on box. Cool completely, about 1 1/2 hours.
- Frost brownie with frosting.
- Sprinkle with candy sprinkles. For brownies, cut with plastic knife into 6 rows by 4 rows. Store covered at room temperature.

Nutrition Facts



Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-1, Nutrition Score:2.1443478512861%

Nutrients (% of daily need)

Calories: 301.78kcal (15.09%), Fat: 20.33g (31.28%), Saturated Fat: 4g (25.01%), Carbohydrates: 29.85g (9.95%), Net Carbohydrates: 29.63g (10.77%), Sugar: 22.6g (25.11%), Cholesterol: 0.28mg (0.09%), Sodium: 97.89mg (4.26%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.32g (2.63%), Vitamin K: 25.75µg (24.52%), Vitamin E: 1.44mg (9.6%), Iron: 0.89mg (4.95%), Manganese: 0.05mg (2.27%), Copper: 0.04mg (1.89%), Phosphorus: 14.93mg (1.49%), Potassium: 37.04mg (1.06%)