

Candy Turkeys

READY IN



100 min.

SERVINGS



24

CALORIES



369 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

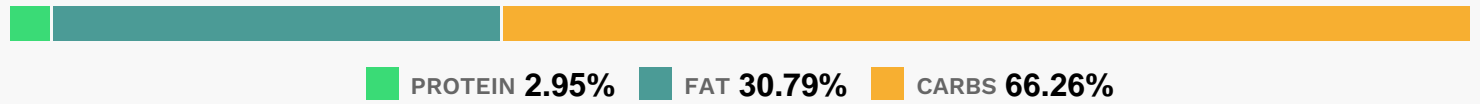
- 14 ounce candy corn
- 14 ounce individually wrapped caramels
- 13 ounce rolos
- 16 ounce chocolate frosting prepared
- 16 ounce shortbread cookies

Equipment

Directions

- Stack on their sides one caramel, chocolate covered caramel candy and candy corn. Use a dab of frosting to hold all together.
- Place a dab of frosting on back of caramel and attach to the bottom of the top side of a cookie. Stand upright.

Nutrition Facts



Properties

Glycemic Index:5.38, Glycemic Load:15.84, Inflammation Score:-1, Nutrition Score:3.1465217108312%

Nutrients (% of daily need)

Calories: 368.66kcal (18.43%), Fat: 12.83g (19.73%), Saturated Fat: 5.21g (32.58%), Carbohydrates: 62.09g (20.7%), Net Carbohydrates: 61.54g (22.38%), Sugar: 49.34g (54.82%), Cholesterol: 3mg (1%), Sodium: 215.01mg (9.35%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 2.76g (5.53%), Vitamin B2: 0.12mg (7.25%), Vitamin E: 1mg (6.67%), Manganese: 0.13mg (6.4%), Vitamin B1: 0.09mg (5.95%), Phosphorus: 57.16mg (5.72%), Iron: 0.92mg (5.11%), Calcium: 49.06mg (4.91%), Folate: 16.16µg (4.04%), Potassium: 117.93mg (3.37%), Vitamin B3: 0.67mg (3.37%), Copper: 0.06mg (2.89%), Vitamin K: 2.87µg (2.73%), Magnesium: 9.43mg (2.36%), Selenium: 1.62µg (2.32%), Fiber: 0.55g (2.22%), Vitamin B12: 0.1µg (1.67%), Vitamin B5: 0.16mg (1.65%), Zinc: 0.22mg (1.47%), Vitamin B6: 0.02mg (1.18%)