



## Cappuccino Blossoms

 Vegetarian

READY IN



113 min.

SERVINGS



18

CALORIES



306 kcal

BEVERAGE

DRINK

### Ingredients

- 1 cup roasted almonds salted chopped
- 1 teaspoon baking soda
- 0.3 cup firmly brown sugar light packed
- 1 cup butter softened
- 42 chocolate kisses dark
- 0.5 cup rum / brandy / coffee liqueur
- 2.7 cups flour all-purpose
- 6 tablespoons granulated sugar

- 0.5 teaspoon ground cinnamon
- 2 teaspoons espresso grounds instant
- 0.3 teaspoon salt

## Equipment

- baking sheet
- baking paper
- oven
- wire rack
- hand mixer

## Directions

- Preheat oven to 37
- Beat butter at medium speed with an electric mixer until creamy; gradually add sugars; beating well.
- Add coffee liqueur; beat well.
- Stir together flour and next 4 ingredients.
- Add to butter mixture; beat at low speed until well blended. Stir in almonds. (If desired, store dough in an airtight container in refrigerator up to 1 week.)
- Drop cookie dough by heaping tablespoonfuls 2 inches apart onto parchment paper-lined or lightly greased baking sheets.
- Bake at 375 for 10 to 12 minutes or until edges are golden. (
- Bake chilled dough 11 to 12 minutes.)
- Remove from oven, and immediately press 1 dark chocolate kiss into center of each cookie. Cool on baking sheets on a wire rack 3 minutes; transfer to wire racks, and cool completely (about 1 hour).
- \*Toasted, slivered almonds or dry-roasted salted peanuts may be substituted.

## Nutrition Facts



■ PROTEIN 5.9% ■ FAT 51.55% ■ CARBS 42.55%

## Properties

Glycemic Index:11.67, Glycemic Load:13.09, Inflammation Score:-4, Nutrition Score:5.7713043663813%

## Flavonoids

Cyanidin: 0.2mg, Cyanidin: 0.2mg, Cyanidin: 0.2mg, Cyanidin: 0.2mg Catechin: 0.1mg, Catechin: 0.1mg, Catechin: 0.1mg, Catechin: 0.1mg Epigallocatechin: 0.21mg, Epigallocatechin: 0.21mg, Epigallocatechin: 0.21mg, Epigallocatechin: 0.21mg Epicatechin: 0.05mg, Epicatechin: 0.05mg, Epicatechin: 0.05mg, Epicatechin: 0.05mg Eriodictyol: 0.02mg, Eriodictyol: 0.02mg, Eriodictyol: 0.02mg, Eriodictyol: 0.02mg Naringenin: 0.03mg, Naringenin: 0.03mg, Naringenin: 0.03mg, Naringenin: 0.03mg Isorhamnetin: 0.21mg, Isorhamnetin: 0.21mg, Isorhamnetin: 0.21mg, Isorhamnetin: 0.21mg Kaempferol: 0.03mg, Kaempferol: 0.03mg, Kaempferol: 0.03mg, Kaempferol: 0.03mg Quercetin: 0.03mg, Quercetin: 0.03mg, Quercetin: 0.03mg, Quercetin: 0.03mg

## Nutrients (% of daily need)

Calories: 306.39kcal (15.32%), Fat: 17.55g (27%), Saturated Fat: 8.66g (54.12%), Carbohydrates: 32.59g (10.86%), Net Carbohydrates: 30.8g (11.2%), Sugar: 16.46g (18.29%), Cholesterol: 29.79mg (9.93%), Sodium: 185.25mg (8.05%), Alcohol: 1.42g (100%), Alcohol %: 2.8% (100%), Caffeine: 3.49mg (1.16%), Protein: 4.52g (9.04%), Manganese: 0.32mg (16.08%), Vitamin E: 2.34mg (15.59%), Vitamin B2: 0.19mg (11.01%), Vitamin B1: 0.16mg (10.82%), Selenium: 6.81µg (9.72%), Folate: 37.8µg (9.45%), Iron: 1.29mg (7.17%), Fiber: 1.79g (7.16%), Vitamin B3: 1.42mg (7.11%), Magnesium: 26.45mg (6.61%), Vitamin A: 315.39IU (6.31%), Phosphorus: 61.73mg (6.17%), Copper: 0.11mg (5.53%), Calcium: 51.68mg (5.17%), Zinc: 0.39mg (2.61%), Potassium: 89.4mg (2.55%), Vitamin B5: 0.14mg (1.37%), Vitamin B6: 0.02mg (1.04%)