



Cappuccino-Cream Cheese Brownies

READY IN



55 min.

SERVINGS



24

CALORIES



225 kcal

DESSERT

Ingredients

- 4 oz baker's chocolate unsweetened
- 0.8 cup butter (1-)
- 8 oz philadelphia cream cheese softened
- 5 eggs divided
- 1.3 cups flour
- 2 Tbsp flour
- 0.5 tsp ground cinnamon
- 3 Tbsp maxwell house coffee instant
- 2.3 cups sugar divided

1 tsp vanilla

Equipment

bowl

frying pan

oven

knife

toothpicks

aluminum foil

microwave

Directions

Heat oven to 350F.

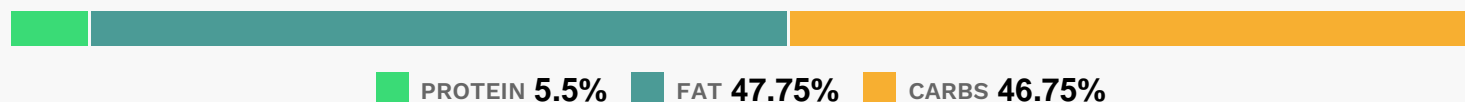
Microwave chocolate and butter in large microwavable bowl on HIGH 2 min. or until butter is melted. Stir until chocolate is completely melted. Stir in 2 cups sugar.

Add 4 eggs, coffee granules and vanilla; mix well. Stir in 1-1/4 cups flour; spread onto bottom of greased foil-lined 13x9-inch pan.

Beat cream cheese, remaining sugar, remaining egg, 2 Tbsp. flour and cinnamon in same bowl until well blended. Drop by spoonfuls over brownie batter; swirl gently with knife.

Bake 40 min. or until toothpick inserted in center comes out with fudgy crumbs. (Do not overbake.) Cool completely.

Nutrition Facts



Properties

Glycemic Index:10.5, Glycemic Load:17.66, Inflammation Score:-4, Nutrition Score:4.4556522092418%

Flavonoids

Catechin: 3.04mg, Catechin: 3.04mg, Catechin: 3.04mg, Catechin: 3.04mg Epicatechin: 6.7mg, Epicatechin: 6.7mg, Epicatechin: 6.7mg, Epicatechin: 6.7mg

Nutrients (% of daily need)

Calories: 224.54kcal (11.23%), Fat: 12.44g (19.14%), Saturated Fat: 4.92g (30.76%), Carbohydrates: 27.41g (9.14%), Net Carbohydrates: 26.4g (9.6%), Sugar: 19.88g (22.09%), Cholesterol: 43.64mg (14.55%), Sodium: 111.31mg (4.84%), Alcohol: 0.06g (100%), Alcohol %: 0.13% (100%), Caffeine: 23.4mg (7.8%), Protein: 3.23g (6.45%), Manganese: 0.27mg (13.52%), Selenium: 6.63µg (9.47%), Copper: 0.17mg (8.69%), Vitamin A: 430.31IU (8.61%), Iron: 1.37mg (7.59%), Vitamin B2: 0.11mg (6.5%), Phosphorus: 58.44mg (5.84%), Magnesium: 21.28mg (5.32%), Folate: 19.61µg (4.9%), Vitamin B1: 0.07mg (4.64%), Zinc: 0.68mg (4.51%), Fiber: 1.01g (4.02%), Vitamin B3: 0.68mg (3.4%), Vitamin E: 0.42mg (2.81%), Potassium: 97.96mg (2.8%), Vitamin B5: 0.24mg (2.4%), Calcium: 23.91mg (2.39%), Vitamin B12: 0.11µg (1.82%), Vitamin B6: 0.03mg (1.31%), Vitamin D: 0.18µg (1.22%)