



Caprese Martinis

 Vegetarian  Gluten Free

READY IN

ready

30 min.

SERVINGS

servings

8

CALORIES

calories

246 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 2 cups balsamic vinegar
- ☐ 0.5 bunch basil
- ☐ 16 grape tomatoes
- ☐ 8 servings kosher salt
- ☐ 8 small mozzarella balls bocconcini
- ☐ 1 pound tomatoes sliced
- ☐ 1.5 cups vodka half of a 750-ml bottle

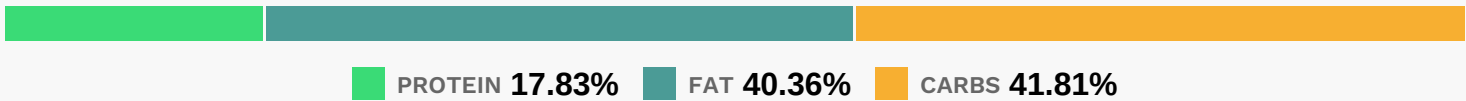
Equipment

- ☐ bowl
- ☐ sauce pan
- ☐ skewers

Directions

- ☐ Put the tomato slices in a large glass container or pitcher.
- ☐ Add the vodka (make sure it covers the tomatoes) and a pinch of salt; let infuse 6 to 12 hours at room temperature. Strain the vodka, then chill until ready to serve.
- ☐ Meanwhile, prick the grape tomatoes with a skewer; toss with the balsamic vinegar in a bowl and marinate 4 hours at room temperature.
- ☐ Drain the grape tomatoes, reserving the vinegar. Bring the vinegar to a boil in a nonreactive saucepan over medium heat. Reduce the heat and simmer until syrupy, about 20 minutes; let cool.
- ☐ For each drink, drizzle some of the balsamic syrup into the bottom of a chilled martini glass. Muddle 2 to 3 basil leaves with a splash of tomato-infused vodka in a cocktail shaker.
- ☐ Add another 1 1/2 ounces tomato-infused vodka and 1 cup ice; shake and strain into the glass. Skewer 2 marinated grape tomatoes, 2 basil leaves and a mozzarella ball on a cocktail pick and set in the martini.
- ☐ Photograph by Charles Masters

Nutrition Facts



Properties

Glycemic Index:26.38, Glycemic Load:6.36, Inflammation Score:-6, Nutrition Score:4.7665217311486%

Flavonoids

Naringenin: 0.62mg, Naringenin: 0.62mg, Naringenin: 0.62mg, Naringenin: 0.62mg Kaempferol: 0.08mg, Kaempferol: 0.08mg, Kaempferol: 0.08mg, Kaempferol: 0.08mg Myricetin: 0.12mg, Myricetin: 0.12mg, Myricetin: 0.12mg, Myricetin: 0.12mg Quercetin: 0.53mg, Quercetin: 0.53mg, Quercetin: 0.53mg, Quercetin: 0.53mg

Nutrients (% of daily need)

Calories: 246.49kcal (12.32%), Fat: 6.18g (9.5%), Saturated Fat: 2.01g (12.59%), Carbohydrates: 14.4g (4.8%), Net Carbohydrates: 13.3g (4.84%), Sugar: 11.92g (13.24%), Cholesterol: 10.08mg (3.36%), Sodium: 233.34mg (10.15%),

Alcohol: 15.03g (100%), Alcohol %: 8.34% (100%), Protein: 6.14g (12.28%), Vitamin A: 781.9IU (15.64%), Vitamin C: 12.52mg (15.17%), Calcium: 127.28mg (12.73%), Manganese: 0.19mg (9.66%), Vitamin K: 9.24µg (8.8%), Potassium: 288.32mg (8.24%), Magnesium: 17.95mg (4.49%), Fiber: 1.1g (4.39%), Iron: 0.73mg (4.03%), Copper: 0.08mg (3.83%), Vitamin B6: 0.07mg (3.67%), Phosphorus: 36.41mg (3.64%), Folate: 13.94µg (3.49%), Vitamin E: 0.49mg (3.29%), Vitamin B3: 0.54mg (2.72%), Vitamin B1: 0.04mg (2.4%), Zinc: 0.21mg (1.4%), Vitamin B2: 0.02mg (1.22%)