



Car Cakes

 Vegetarian

READY IN



33 min.

SERVINGS



8

CALORIES



393 kcal

Ingredients

- ☐ 8 servings butter melted for brushing
- ☐ 0.5 teaspoon coconut extract
- ☐ 8 ounces block cream cheese soft
- ☐ 8 servings candy ribbon sour mini for decorating
- ☐ 1 round cake frozen thawed store bought
- ☐ 12 ounces non-dairy whipped topping

Equipment

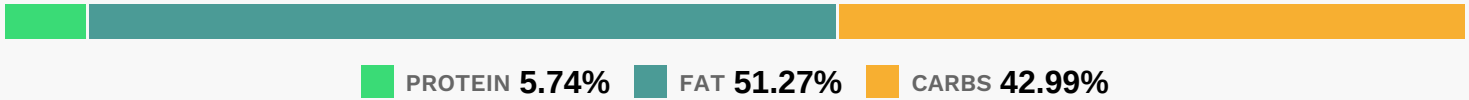
- ☐ bowl
- ☐ grill

- ☐ cookie cutter
- ☐ serrated knife

Directions

- ☐ Set up the grill for direct cooking over medium heat and oil the grates.
- ☐ Slice the pound cake into 3/4-inch thick slices with a serrated knife.
- ☐ Using car-shaped cookie cutters, cut out car shapes from the slices of cake.
- ☐ Brush with butter and place on the grill. Cook until nice grill marks appear, about 3 minutes.
- ☐ Meanwhile, in a medium bowl, combine the whipped topping, cream cheese, and coconut extract.
- ☐ Frost the car shaped cakes with a small amount of the coconut frosting.
- ☐ To decorate the cars: Use ribbon candy as racing stripes, rock candy as windows, and mini chocolate sandwich cookies as wheels.

Nutrition Facts



Properties

Glycemic Index:9.63, Glycemic Load:0.42, Inflammation Score:-4, Nutrition Score:6.0565216748611%

Nutrients (% of daily need)

Calories: 392.55kcal (19.63%), Fat: 22.56g (34.7%), Saturated Fat: 14.04g (87.77%), Carbohydrates: 42.56g (14.19%), Net Carbohydrates: 42.05g (15.29%), Sugar: 29.52g (32.8%), Cholesterol: 78.48mg (26.16%), Sodium: 429.41mg (18.67%), Alcohol: 0.11g (100%), Alcohol %: 0.11% (100%), Protein: 5.68g (11.35%), Vitamin B2: 0.23mg (13.72%), Iron: 2.47mg (13.7%), Phosphorus: 124.94mg (12.49%), Vitamin A: 595.13IU (11.9%), Selenium: 7.51µg (10.73%), Calcium: 87.56mg (8.76%), Vitamin B1: 0.13mg (8.58%), Manganese: 0.16mg (7.97%), Folate: 28.52µg (7.13%), Vitamin E: 0.94mg (6.28%), Vitamin B3: 1.09mg (5.45%), Vitamin K: 5.49µg (5.23%), Potassium: 145.67mg (4.16%), Vitamin B12: 0.25µg (4.1%), Vitamin B5: 0.38mg (3.8%), Magnesium: 15.12mg (3.78%), Copper: 0.07mg (3.53%), Zinc: 0.46mg (3.09%), Vitamin B6: 0.05mg (2.34%), Fiber: 0.52g (2.06%)