



Caramel Crispy Treats II

READY IN



90 min.

SERVINGS



10

CALORIES



344 kcal

DESSERT

Ingredients

- ☐ 0.8 cup butter divided
- ☐ 8.2 ounce bars milk chocolate covered caramel and nougat candy
- ☐ 3 cups rice cereal crispy
- ☐ 1 cup milk chocolate chips

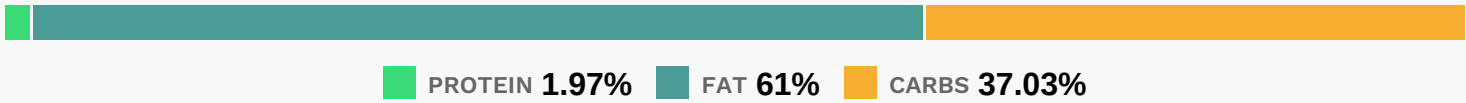
Equipment

- ☐ frying pan
- ☐ double boiler
- ☐ microwave

Directions

- ☐ In the microwave, or in the top of a double boiler, melt candy bars and 1/2 cup of butter, stirring occasionally until smooth. Stir in cereal until well blended. Press into a greased 11x7 inch pan.
- ☐ Melt chocolate chips and remaining 1/4 cup butter or margarine, stirring until smooth.
- ☐ Remove from heat, and spread over the top of bars. Refrigerate for 1 hour, or until firm; cut into squares.

Nutrition Facts



Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-4, Nutrition Score:1.9591304180415%

Nutrients (% of daily need)

Calories: 344.05kcal (17.2%), Fat: 23.76g (36.55%), Saturated Fat: 9.45g (59.04%), Carbohydrates: 32.45g (10.82%), Net Carbohydrates: 32.16g (11.7%), Sugar: 25.14g (27.93%), Cholesterol: 2.79mg (0.93%), Sodium: 204.53mg (8.89%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.73g (3.45%), Vitamin A: 637.11IU (12.74%), Vitamin E: 0.79mg (5.26%), Calcium: 52.18mg (5.22%), Potassium: 108.78mg (3.11%), Vitamin B2: 0.05mg (2.88%), Phosphorus: 27.03mg (2.7%), Folate: 8.79µg (2.2%), Vitamin B1: 0.03mg (2.07%), Vitamin B12: 0.09µg (1.56%), Iron: 0.26mg (1.43%), Fiber: 0.29g (1.15%), Vitamin B3: 0.21mg (1.05%)