

Caramelized Pear and Gorgonzola Quiche





Directions

minutes.

Cook the pancetta and shallot in a pan.
Add the butter and let it melt.
Add the sugar and cook until bubbly, about 3 minutes.
Add the pear and saute until tender, about 3-5 minutes.
Mix the pears, eggs, half and half, thyme and gorgonzola and pour it into the pre-baked pie crust.
Bake in a preheated 375F oven until golden brown on top and set in the center, about 25-45

Nutrition Facts

Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:0, Nutrition Score:0%

Nutrients (% of daily need)

Calories: O (0%), Fat: O (0%), Saturated Fat: O (0%), Carbohydrates: O (0%), Net Carbohydrates: O (0%), Sugar: O (0%), Cholesterol: O (0%), Sodium: O (0%), Alcohol %: O% (100%), Protein: O (0%)