



Caribbean Coffee Cookies

READY IN



17 min.

SERVINGS



1

CALORIES



3093 kcal

DESSERT

Ingredients

- ☐ 0.5 teaspoon baking soda
- ☐ 0.5 cup bittersweet chocolate chopped
- ☐ 0.5 cup butter softened
- ☐ 1 teaspoon espresso powder instant
- ☐ 0.8 cup t brown sugar dark
- ☐ 1 large eggs
- ☐ 1.5 cups flour all-purpose
- ☐ 0.5 cup hazelnuts chopped
- ☐ 0.3 teaspoon salt

☐ 1 teaspoon vanilla extract

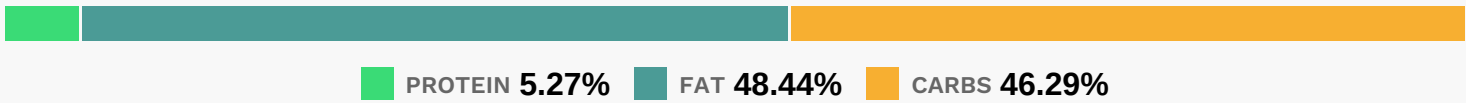
Equipment

- ☐ baking sheet
- ☐ baking paper
- ☐ oven
- ☐ hand mixer

Directions

- ☐ Beat butter and sugar at medium speed with an electric mixer 2 minutes or until light and fluffy.
- ☐ Add egg, beating until smooth, stopping to scrape down sides as needed. Stir in vanilla and espresso powder.
- ☐ Stir together flour, baking soda, and salt. Gradually add to butter mixture, beating at low speed until blended. Stir chopped bittersweet chocolate and chopped hazelnuts into batter. Drop by rounded tablespoonfuls 2 inches apart on lightly greased or parchment paper-lined baking sheets.
- ☐ Bake, in batches, at 350 for 10 to 12 minutes.
- ☐ Let cool completely on wire racks.

Nutrition Facts



Properties

Glycemic Index:140, Glycemic Load:104.18, Inflammation Score:-10, Nutrition Score:58.20043505793%

Flavonoids

Cyanidin: 4.03mg, Cyanidin: 4.03mg, Cyanidin: 4.03mg, Cyanidin: 4.03mg Catechin: 0.71mg, Catechin: 0.71mg, Catechin: 0.71mg, Catechin: 0.71mg Epigallocatechin: 1.67mg, Epigallocatechin: 1.67mg, Epigallocatechin: 1.67mg, Epigallocatechin: 1.67mg Epicatechin: 0.13mg, Epicatechin: 0.13mg, Epicatechin: 0.13mg, Epicatechin: 0.13mg Epigallocatechin 3-gallate: 0.64mg, Epigallocatechin 3-gallate: 0.64mg, Epigallocatechin 3-gallate: 0.64mg, Epigallocatechin 3-gallate: 0.64mg

Nutrients (% of daily need)

Calories: 3093.27kcal (154.66%), Fat: 168.65g (259.46%), Saturated Fat: 82.15g (513.44%), Carbohydrates: 362.52g (120.84%), Net Carbohydrates: 344.64g (125.32%), Sugar: 196.04g (217.82%), Cholesterol: 435.27mg (145.09%), Sodium: 1988.8mg (86.47%), Alcohol: 1.38g (100%), Alcohol %: 0.26% (100%), Caffeine: 106.65mg (35.55%), Protein: 41.31g (82.62%), Manganese: 6.29mg (314.53%), Selenium: 90.95µg (129.93%), Vitamin B1: 1.91mg (127.46%), Copper: 2.51mg (125.61%), Folate: 439.48µg (109.87%), Iron: 19.17mg (106.52%), Vitamin E: 12.79mg (85.25%), Magnesium: 319.93mg (79.98%), Vitamin B2: 1.31mg (76.97%), Phosphorus: 740.11mg (74.01%), Fiber: 17.88g (71.53%), Vitamin B3: 13.45mg (67.24%), Vitamin A: 3162.11IU (63.24%), Potassium: 1461.88mg (41.77%), Zinc: 5.91mg (39.38%), Calcium: 345.17mg (34.52%), Vitamin B6: 0.61mg (30.37%), Vitamin B5: 2.75mg (27.46%), Vitamin K: 23.5µg (22.38%), Vitamin B12: 0.8µg (13.26%), Vitamin D: 1µg (6.67%), Vitamin C: 3.78mg (4.58%)