



## Caribbean Lime Coolers

 Dairy Free

READY IN



90 min.

SERVINGS



30

CALORIES



96 kcal

BEVERAGE

DRINK

### Ingredients

- 17.5 oz sugar cookie mix
- 0.5 cup coconut or
- 1 tablespoon lime zest grated (1 lime)
- 3 tablespoons juice of lime
- 6 tablespoons butter melted
- 1 eggs
- 0.3 cup powdered sugar

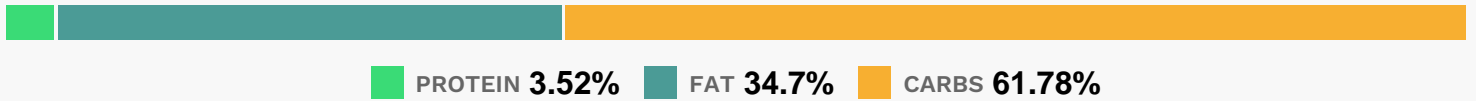
### Equipment

- bowl
- baking sheet
- oven
- sieve

## Directions

- Heat oven to 350°F. In large bowl, stir cookie mix, coconut, lime peel, lime juice, butter and egg until soft dough forms.
- Drop dough by level tablespoonfuls 2 inches apart onto ungreased cookie sheets.
- Bake 9 to 13 minutes or until edges are light golden brown. Cool 1 minute; remove from cookie sheet. Cool completely, about 15 minutes.
- With small strainer, sift powdered sugar over cooled cookies. Store covered at room temperature.

## Nutrition Facts



## Properties

Glycemic Index:1.4, Glycemic Load:0.01, Inflammation Score:-1, Nutrition Score:0.54347826232729%

## Flavonoids

Eriodictyol: 0.03mg, Eriodictyol: 0.03mg, Eriodictyol: 0.03mg, Eriodictyol: 0.03mg Hesperetin: 0.22mg, Hesperetin: 0.22mg, Hesperetin: 0.22mg Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg

## Nutrients (% of daily need)

Calories: 96.25kcal (4.81%), Fat: 3.73g (5.75%), Saturated Fat: 0.91g (5.69%), Carbohydrates: 14.96g (4.99%), Net Carbohydrates: 14.83g (5.39%), Sugar: 8.77g (9.74%), Cholesterol: 5.46mg (1.82%), Sodium: 76.05mg (3.31%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.85g (1.7%), Vitamin A: 108.93IU (2.18%), Manganese: 0.02mg (1.04%)